



# Rīgas kausi / Riga Cup 2015

Riga / 18.04.2015

□□□□

Rešķis, Atis

□□: Saldus OK

□□□: 40:09

□□□□: 6:26 min/km

□□: 6.23 km / 28 □□

□□□□:

Men -21E

□□□□□: 46(of 73)

□□□□□□: 29:35

□□: 10:34

□□□□

□□	□□ □□	□□ -	□□ -	□□ %	□□□ □□	□□ -	□□ -	□□ %
1 (31)	1:54	52	0:28	32.6	1:54	52	0:28	32.6
2 (32)	1:50	18	0:20	22.2	3:44	33	0:47	26.6
3 (33)	1:29	9	0:14	18.7	5:13	26	0:57	22.3
4 (34)	0:35	44	0:11	45.8	5:48	26	1:08	24.3
5 (35)	1:50	26	0:23	26.4	7:38	25	1:31	24.8
6 (36)	4:35	62	2:59	186.5	12:13	52	4:26	57.0
7 (37)	2:51	64	2:06	280.0	15:04	56	6:28	75.2
8 (38)	0:58	18	0:08	16.0	16:02	54	6:36	70.0
9 (39)	0:31	11	0:03	10.7	16:33	52	6:25	63.3
10 (40)	1:29	14	0:12	15.6	18:02	48	6:30	56.4
11 (41)	1:34	42	0:21	28.8	19:36	48	6:49	53.3
12 (42)	0:57	10	0:10	21.3	20:33	45	6:59	51.5
13 (43)	1:03	20	0:09	16.7	21:36	40	7:08	49.3
14 (44)	0:36	27	0:08	28.6	22:12	40	7:15	48.5
15 (45)	1:24	48	0:25	42.4	23:36	42	7:40	48.1
16 (46)	0:46	9	0:04	9.5	24:22	39	7:44	46.5
17 (47)	4:03	65	2:45	211.5	28:25	50	10:29	58.5
18 (48)	0:39	13	0:06	18.2	29:04	49	9:45	50.5
19 (49)	0:20	6	0:02	11.1	29:24	49	9:47	49.9
20 (50)	1:19	37	0:16	25.4	30:43	48	10:03	48.6
21 (51)	1:03	27	0:10	18.9	31:46	47	10:08	46.8
22 (52)	0:55	18	0:07	14.6	32:41	46	9:49	42.9
23 (53)	2:51	42	0:31	22.1	35:32	46	10:20	41.0
24 (54)	1:01	23	0:10	19.6	36:33	46	10:14	38.9
25 (55)	0:34	32	0:07	25.9	37:07	45	10:17	38.3
26 (56)	0:52	46	0:11	26.8	37:59	46	10:22	37.5
27 (57)	1:11	38	0:13	22.4	39:10	46	10:32	36.8
28 (100)	0:40	10	0:06	17.7	39:50	46	10:32	36.0
□□	0:19	33	0:04	26.7	40:09	46	10:34	35.7