



Rīgas kausi / Riga Cup 2015

Riga / 18.04.2015

□□□□

Raykov, Alexander

□□: Saint-Petersburg

□□□: 42:31

□□□□: 6:49 min/km

□□: 6.23 km / 28 □□

□□□□:

Men -21E

□□□□□: 51(of 73)

□□□□□□□: 29:35

□□: 12:56

□□□□

□□	□□ □□	□□ -	□□ -	□□ %	□□□ □□	□□ -	□□ -	□□ %
1 (31)	1:41	31	0:15	17.4	1:41	31	0:15	17.4
2 (32)	1:50	18	0:20	22.2	3:31	21	0:34	19.2
3 (33)	1:55	51	0:40	53.3	5:26	34	1:10	27.3
4 (34)	0:39	57	0:15	62.5	6:05	36	1:25	30.4
5 (35)	1:52	29	0:25	28.7	7:57	32	1:50	30.0
6 (36)	2:27	36	0:51	53.1	10:24	29	2:37	33.6
7 (37)	5:12	70	4:27	593.3	15:36	57	7:00	81.4
8 (38)	1:10	48	0:20	40.0	16:46	57	7:20	77.7
9 (39)	0:35	37	0:07	25.0	17:21	56	7:13	71.2
10 (40)	2:53	61	1:36	124.7	20:14	59	8:42	75.4
11 (41)	3:10	68	1:57	160.3	23:24	60	10:37	83.1
12 (42)	0:54	7	0:07	14.9	24:18	58	10:44	79.1
13 (43)	1:09	36	0:15	27.8	25:27	57	10:59	75.9
14 (44)	0:41	44	0:13	46.4	26:08	56	11:11	74.8
15 (45)	1:14	25	0:15	25.4	27:22	56	11:26	71.8
16 (46)	0:59	52	0:17	40.5	28:21	56	11:43	70.4
17 (47)	1:43	41	0:25	32.1	30:04	56	12:08	67.7
18 (48)	0:39	13	0:06	18.2	30:43	53	11:24	59.0
19 (49)	0:25	50	0:07	38.9	31:08	53	11:31	58.7
20 (50)	1:15	21	0:12	19.1	32:23	50	11:43	56.7
21 (51)	1:06	36	0:13	24.5	33:29	51	11:51	54.8
22 (52)	1:03	41	0:15	31.3	34:32	51	11:40	51.0
23 (53)	3:00	54	0:40	28.6	37:32	51	12:20	48.9
24 (54)	1:08	44	0:17	33.3	38:40	51	12:21	46.9
25 (55)	0:35	39	0:08	29.6	39:15	51	12:25	46.3
26 (56)	0:56	57	0:15	36.6	40:11	51	12:34	45.5
27 (57)	1:13	47	0:15	25.9	41:24	51	12:46	44.6
28 (100)	0:48	49	0:14	41.2	42:12	51	12:54	44.0
□□	0:19	33	0:04	26.7	42:31	51	12:56	43.7