



# Rīgas kausi / Riga Cup 2015

Riga / 18.04.2015

□□□□

Ozoliņš, Jānis

□□: Burkānciems OK

□□□: 43:56

□□□□: 7:03 min/km

□□: 6.23 km / 28 □□

□□□□:

Men -21E

□□□□□: 53(of 73)

□□□□□□: 29:35

□□: 14:21

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□□	□□ □□	□□ -	□□ -	□□ %	□□□ □□	□□ -	□□ -	□□ %
1 (31)	1:42	34	0:16	18.6	1:42	34	0:16	18.6
2 (32)	4:02	65	2:32	168.9	5:44	63	2:47	94.4
3 (33)	1:41	38	0:26	34.7	7:25	61	3:09	73.8
4 (34)	0:32	31	0:08	33.3	7:57	61	3:17	70.4
5 (35)	1:56	37	0:29	33.3	9:53	60	3:46	61.6
6 (36)	5:52	65	4:16	266.7	15:45	61	7:58	102.4
7 (37)	0:54	21	0:09	20.0	16:39	61	8:03	93.6
8 (38)	0:59	20	0:09	18.0	17:38	61	8:12	86.9
9 (39)	0:34	32	0:06	21.4	18:12	60	8:04	79.6
10 (40)	1:41	36	0:24	31.2	19:53	56	8:21	72.4
11 (41)	1:29	31	0:16	21.9	21:22	54	8:35	67.1
12 (42)	1:15	38	0:28	59.6	22:37	52	9:03	66.7
13 (43)	1:26	53	0:32	59.3	24:03	52	9:35	66.2
14 (44)	0:38	36	0:10	35.7	24:41	51	9:44	65.1
15 (45)	1:20	38	0:21	35.6	26:01	51	10:05	63.3
16 (46)	0:59	52	0:17	40.5	27:00	51	10:22	62.3
17 (47)	1:57	51	0:39	50.0	28:57	52	11:01	61.4
18 (48)	0:44	36	0:11	33.3	29:41	51	10:22	53.7
19 (49)	0:21	22	0:03	16.7	30:02	51	10:25	53.1
20 (50)	2:55	67	1:52	177.8	32:57	53	12:17	59.4
21 (51)	1:17	58	0:24	45.3	34:14	54	12:36	58.2
22 (52)	1:12	55	0:24	50.0	35:26	54	12:34	55.0
23 (53)	3:04	56	0:44	31.4	38:30	54	13:18	52.8
24 (54)	1:23	63	0:32	62.8	39:53	54	13:34	51.6
25 (55)	0:34	32	0:07	25.9	40:27	54	13:37	50.8
26 (56)	0:49	32	0:08	19.5	41:16	53	13:39	49.4
27 (57)	1:30	64	0:32	55.2	42:46	53	14:08	49.4
28 (100)	0:48	49	0:14	41.2	43:34	53	14:16	48.7
□□	0:22	62	0:07	46.7	43:56	53	14:21	48.5