



Rīgas kausi / Riga Cup 2015

Riga / 18.04.2015

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LAVEIKIS, ANDIS

□□: KURMIS OK

□□□: 44:12

□□□□: 7:05 min/km

□□: 6.23 km / 28 □□

□□□□:

Men -21E

□□□□□: 56(of 73)

□□□□□□: 29:35

□□: 14:37

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□□	□□ □□	□□ -	□□ -	□□ %	□□□ □□	□□ -	□□ -	□□ %
1 (31)	2:05	56	0:39	45.4	2:05	56	0:39	45.4
2 (32)	2:06	43	0:36	40.0	4:11	49	1:14	41.8
3 (33)	1:43	40	0:28	37.3	5:54	45	1:38	38.3
4 (34)	0:33	37	0:09	37.5	6:27	45	1:47	38.2
5 (35)	1:53	32	0:26	29.9	8:20	41	2:13	36.2
6 (36)	3:32	55	1:56	120.8	11:52	48	4:05	52.5
7 (37)	1:26	52	0:41	91.1	13:18	45	4:42	54.7
8 (38)	1:38	65	0:48	96.0	14:56	50	5:30	58.3
9 (39)	0:58	56	0:30	107.1	15:54	49	5:46	56.9
10 (40)	3:23	65	2:06	163.6	19:17	53	7:45	67.2
11 (41)	2:34	63	1:21	111.0	21:51	57	9:04	70.9
12 (42)	1:28	42	0:41	87.2	23:19	54	9:45	71.9
13 (43)	1:14	45	0:20	37.0	24:33	54	10:05	69.7
14 (44)	0:37	32	0:09	32.1	25:10	53	10:13	68.3
15 (45)	1:30	58	0:31	52.5	26:40	54	10:44	67.4
16 (46)	0:50	33	0:08	19.1	27:30	54	10:52	65.3
17 (47)	1:42	39	0:24	30.8	29:12	53	11:16	62.8
18 (48)	1:54	68	1:21	245.5	31:06	55	11:47	61.0
19 (49)	0:54	65	0:36	200.0	32:00	56	12:23	63.1
20 (50)	1:17	29	0:14	22.2	33:17	55	12:37	61.1
21 (51)	1:12	52	0:19	35.9	34:29	55	12:51	59.4
22 (52)	1:21	65	0:33	68.8	35:50	55	12:58	56.7
23 (53)	3:18	64	0:58	41.4	39:08	55	13:56	55.3
24 (54)	1:08	44	0:17	33.3	40:16	55	13:57	53.0
25 (55)	0:36	46	0:09	33.3	40:52	55	14:02	52.3
26 (56)	0:57	59	0:16	39.0	41:49	55	14:12	51.4
27 (57)	1:17	54	0:19	32.8	43:06	55	14:28	50.5
28 (100)	0:46	41	0:12	35.3	43:52	55	14:34	49.7
□□	0:20	44	0:05	33.3	44:12	56	14:37	49.4