



Rīgas kausi / Riga Cup 2015

Riga / 18.04.2015

□□□□

Pociūtē, Emilija

□□: Šilalēs SM

□□□: 51:28

□□□□: 15:30 min/km

□□: 3.32 km / 15 □□

□□□□:

Women -14

□□□□□: 14(of 21)

□□□□□□: 28:05

□□: 23:23

□□□□

□□	□□ □□	□□ -	□□ -	□□ %	□□□ □□	□□ -	□□ -	□□ %
1 (130)	2:52	6	0:45	35.4	2:52	6	0:45	35.4
2 (135)	2:15	12	1:02	84.9	5:07	7	1:45	52.0
3 (83)	1:23	11	0:50	151.5	6:30	9	2:24	58.5
4 (111)	9:17	14	5:09	124.6	15:47	13	6:36	71.9
5 (95)	2:31	5	0:13	9.4	18:18	10	6:21	53.1
6 (92)	2:10	4	0:21	19.3	20:28	9	6:24	45.5
7 (96)	8:13	16	6:45	460.2	28:41	13	13:03	83.5
8 (133)	9:01	15	7:13	400.9	37:42	13	19:10	103.4
9 (118)	2:20	8	0:36	34.6	40:02	13	19:46	97.5
10 (102)	5:19	15	2:10	68.8	45:21	13	21:53	93.3
11 (53)	1:05	4	0:04	6.6	46:26	13	21:46	88.2
12 (126)	1:45	7	0:24	29.6	48:11	12	22:10	85.2
13 (120)	1:55	18	1:25	283.3	50:06	14	23:31	88.5
14 (132)	0:35	2	0:03	9.4	50:41	14	23:27	86.1
15 (100)	0:26	5	0:03	13.0	51:07	14	23:25	84.5
□□	0:21	1	-	-	51:28	14	23:23	83.3