



# Rīgas kausi / Riga Cup 2015

Riga / 18.04.2015

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Sārs, Jānis

□□: Ogre OK/SC

□□□: 47:07

□□□□: 7:33 min/km

□□: 6.23 km / 28 □□

□□□□:

Men -21E

□□□□□: 61(of 73)

□□□□□□: 29:35

□□: 17:32

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□□	□□ □□	□□ -	□□ -	□□ %	□□□ □□	□□ -	□□ -	□□ %
1 (31)	1:35	18	0:09	10.5	1:35	18	0:09	10.5
2 (32)	2:17	50	0:47	52.2	3:52	38	0:55	31.1
3 (33)	1:49	46	0:34	45.3	5:41	42	1:25	33.2
4 (34)	0:41	59	0:17	70.8	6:22	44	1:42	36.4
5 (35)	2:55	66	1:28	101.2	9:17	54	3:10	51.8
6 (36)	2:30	40	0:54	56.3	11:47	47	4:00	51.4
7 (37)	1:36	58	0:51	113.3	13:23	47	4:47	55.6
8 (38)	1:01	29	0:11	22.0	14:24	45	4:58	52.7
9 (39)	0:37	44	0:09	32.1	15:01	42	4:53	48.2
10 (40)	3:45	67	2:28	192.2	18:46	52	7:14	62.7
11 (41)	2:47	64	1:34	128.8	21:33	56	8:46	68.6
12 (42)	1:11	36	0:24	51.1	22:44	53	9:10	67.6
13 (43)	1:02	14	0:08	14.8	23:46	51	9:18	64.3
14 (44)	0:34	17	0:06	21.4	24:20	49	9:23	62.8
15 (45)	1:12	22	0:13	22.0	25:32	48	9:36	60.3
16 (46)	1:09	59	0:27	64.3	26:41	50	10:03	60.4
17 (47)	1:33	22	0:15	19.2	28:14	49	10:18	57.4
18 (48)	0:42	28	0:09	27.3	28:56	48	9:37	49.8
19 (49)	0:23	42	0:05	27.8	29:19	48	9:42	49.5
20 (50)	6:37	68	5:34	530.2	35:56	60	15:16	73.9
21 (51)	1:17	58	0:24	45.3	37:13	60	15:35	72.0
22 (52)	1:03	41	0:15	31.3	38:16	60	15:24	67.4
23 (53)	3:17	61	0:57	40.7	41:33	61	16:21	64.9
24 (54)	1:10	48	0:19	37.3	42:43	61	16:24	62.3
25 (55)	0:42	60	0:15	55.6	43:25	61	16:35	61.8
26 (56)	1:05	66	0:24	58.5	44:30	61	16:53	61.1
27 (57)	1:26	61	0:28	48.3	45:56	61	17:18	60.4
28 (100)	0:51	60	0:17	50.0	46:47	61	17:29	59.7
□□	0:20	44	0:05	33.3	47:07	61	17:32	59.3