



# Rīgas kausi / Riga Cup 2015

Riga / 18.04.2015

□□□□

Šatas, Arūnas

□□: SAKAS OSK

□□□: 1:17:13

□□□□: 12:23 min/km

□□: 6.23 km / 28 □□

□□□□:

Men -21E

□□□□□: 67(of 73)

□□□□□□: 29:35

□□: 47:38

□□□□

□□	□□ □□	□□ -	□□ -	□□ %	□□□ □□	□□ -	□□ -	□□ %
1 (31)	3:09	67	1:43	119.8	3:09	67	1:43	119.8
2 (32)	26:47	70	25:17	1,685.6	29:56	70	26:59	914.7
3 (33)	1:40	35	0:25	33.3	31:36	70	27:20	640.6
4 (34)	0:38	54	0:14	58.3	32:14	70	27:34	590.7
5 (35)	1:57	38	0:30	34.5	34:11	70	28:04	458.9
6 (36)	5:14	63	3:38	227.1	39:25	70	31:38	406.4
7 (37)	1:11	44	0:26	57.8	40:36	69	32:00	372.1
8 (38)	1:06	40	0:16	32.0	41:42	69	32:16	342.1
9 (39)	0:37	44	0:09	32.1	42:19	69	32:11	317.6
10 (40)	1:50	49	0:33	42.9	44:09	69	32:37	282.8
11 (41)	2:00	57	0:47	64.4	46:09	69	33:22	261.0
12 (42)	2:39	61	1:52	238.3	48:48	68	35:14	259.7
13 (43)	1:37	57	0:43	79.6	50:25	68	35:57	248.5
14 (44)	1:39	68	1:11	253.6	52:04	69	37:07	248.3
15 (45)	1:49	67	0:50	84.8	53:53	68	37:57	238.2
16 (46)	5:56	70	5:14	747.6	59:49	69	43:11	259.6
17 (47)	2:00	52	0:42	53.9	1:01:49	68	43:53	244.7
18 (48)	0:50	49	0:17	51.5	1:02:39	68	43:20	224.3
19 (49)	0:27	56	0:09	50.0	1:03:06	68	43:29	221.7
20 (50)	1:36	63	0:33	52.4	1:04:42	68	44:02	213.1
21 (51)	1:18	60	0:25	47.2	1:06:00	68	44:22	205.1
22 (52)	1:15	60	0:27	56.3	1:07:15	68	44:23	194.1
23 (53)	3:23	66	1:03	45.0	1:10:38	67	45:26	180.3
24 (54)	1:11	50	0:20	39.2	1:11:49	67	45:30	172.9
25 (55)	0:42	60	0:15	55.6	1:12:31	67	45:41	170.3
26 (56)	1:35	70	0:54	131.7	1:14:06	67	46:29	168.3
27 (57)	1:50	67	0:52	89.7	1:15:56	67	47:18	165.2
28 (100)	0:56	68	0:22	64.7	1:16:52	67	47:34	162.3
□□	0:21	56	0:06	40.0	1:17:13	67	47:38	161.0