



Rīgas kausi / Riga Cup 2015

Riga / 18.04.2015

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Verza, Artūrs

□□: Ind.

□□□: 1:38:55

□□□□: 15:52 min/km

□□: 6.23 km / 28 □□

□□□□:

Men -21E

□□□□□: 68(of 73)

□□□□□□: 29:35

□□: 1:09:20

□□□□

| □□ | □□ □□ | □□ - | □□ - | □□ % | □□□ □□ | □□ - | □□ - | □□ % |
|----------|----------|---------|---------|---------|-----------|---------|---------|---------|
| 1 (31) | 3:45 | 68 | 2:19 | 161.6 | 3:45 | 68 | 2:19 | 161.6 |
| 2 (32) | 10:24 | 69 | 8:54 | 593.3 | 14:09 | 69 | 11:12 | 379.7 |
| 3 (33) | 3:42 | 67 | 2:27 | 196.0 | 17:51 | 69 | 13:35 | 318.4 |
| 4 (34) | 1:02 | 68 | 0:38 | 158.3 | 18:53 | 69 | 14:13 | 304.6 |
| 5 (35) | 3:56 | 70 | 2:29 | 171.3 | 22:49 | 69 | 16:42 | 273.0 |
| 6 (36) | 14:22 | 70 | 12:46 | 797.9 | 37:11 | 69 | 29:24 | 377.7 |
| 7 (37) | 5:05 | 69 | 4:20 | 577.8 | 42:16 | 70 | 33:40 | 391.5 |
| 8 (38) | 2:31 | 67 | 1:41 | 202.0 | 44:47 | 70 | 35:21 | 374.7 |
| 9 (39) | 1:28 | 64 | 1:00 | 214.3 | 46:15 | 70 | 36:07 | 356.4 |
| 10 (40) | 3:36 | 66 | 2:19 | 180.5 | 49:51 | 70 | 38:19 | 332.2 |
| 11 (41) | 2:49 | 66 | 1:36 | 131.5 | 52:40 | 70 | 39:53 | 312.0 |
| 12 (42) | 7:56 | 70 | 7:09 | 912.8 | 1:00:36 | 70 | 47:02 | 346.7 |
| 13 (43) | 2:36 | 65 | 1:42 | 188.9 | 1:03:12 | 70 | 48:44 | 336.9 |
| 14 (44) | 0:55 | 62 | 0:27 | 96.4 | 1:04:07 | 70 | 49:10 | 328.9 |
| 15 (45) | 2:54 | 70 | 1:55 | 194.9 | 1:07:01 | 70 | 51:05 | 320.6 |
| 16 (46) | 1:17 | 65 | 0:35 | 83.3 | 1:08:18 | 70 | 51:40 | 310.6 |
| 17 (47) | 3:53 | 62 | 2:35 | 198.7 | 1:12:11 | 70 | 54:15 | 302.5 |
| 18 (48) | 1:12 | 62 | 0:39 | 118.2 | 1:13:23 | 70 | 54:04 | 279.9 |
| 19 (49) | 0:25 | 50 | 0:07 | 38.9 | 1:13:48 | 70 | 54:11 | 276.2 |
| 20 (50) | 6:42 | 69 | 5:39 | 538.1 | 1:20:30 | 70 | 59:50 | 289.5 |
| 21 (51) | 1:45 | 67 | 0:52 | 98.1 | 1:22:15 | 70 | 1:00:37 | 280.2 |
| 22 (52) | 2:13 | 69 | 1:25 | 177.1 | 1:24:28 | 70 | 1:01:36 | 269.4 |
| 23 (53) | 5:34 | 68 | 3:14 | 138.6 | 1:30:02 | 68 | 1:04:50 | 257.3 |
| 24 (54) | 1:32 | 65 | 0:41 | 80.4 | 1:31:34 | 68 | 1:05:15 | 247.9 |
| 25 (55) | 1:39 | 70 | 1:12 | 266.7 | 1:33:13 | 68 | 1:06:23 | 247.4 |
| 26 (56) | 1:25 | 69 | 0:44 | 107.3 | 1:34:38 | 68 | 1:07:01 | 242.7 |
| 27 (57) | 1:50 | 67 | 0:52 | 89.7 | 1:36:28 | 68 | 1:07:50 | 236.9 |
| 28 (100) | 2:01 | 70 | 1:27 | 255.9 | 1:38:29 | 68 | 1:09:11 | 236.1 |
| □□ | 0:26 | 69 | 0:11 | 73.3 | 1:38:55 | 68 | 1:09:20 | 234.4 |