



Rīgas kausi / Riga Cup 2015

Riga / 18.04.2015

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Verza, Artūrs

□□: Ind.

□□□: 1:38:55

□□□□: 15:52 min/km

□□: 6.23 km / 28 □□

□□□□:

Men -21E

□□□□□: 68(of 73)

□□□□□□: 29:35

□□: 1:09:20

□□□□

□□	□□ □□	□□ -	□□ -	□□ %	□□□ □□	□□ -	□□ -	□□ %
1 (31)	3:45	68	2:19	161.6	3:45	68	2:19	161.6
2 (32)	10:24	69	8:54	593.3	14:09	69	11:12	379.7
3 (33)	3:42	67	2:27	196.0	17:51	69	13:35	318.4
4 (34)	1:02	68	0:38	158.3	18:53	69	14:13	304.6
5 (35)	3:56	70	2:29	171.3	22:49	69	16:42	273.0
6 (36)	14:22	70	12:46	797.9	37:11	69	29:24	377.7
7 (37)	5:05	69	4:20	577.8	42:16	70	33:40	391.5
8 (38)	2:31	67	1:41	202.0	44:47	70	35:21	374.7
9 (39)	1:28	64	1:00	214.3	46:15	70	36:07	356.4
10 (40)	3:36	66	2:19	180.5	49:51	70	38:19	332.2
11 (41)	2:49	66	1:36	131.5	52:40	70	39:53	312.0
12 (42)	7:56	70	7:09	912.8	1:00:36	70	47:02	346.7
13 (43)	2:36	65	1:42	188.9	1:03:12	70	48:44	336.9
14 (44)	0:55	62	0:27	96.4	1:04:07	70	49:10	328.9
15 (45)	2:54	70	1:55	194.9	1:07:01	70	51:05	320.6
16 (46)	1:17	65	0:35	83.3	1:08:18	70	51:40	310.6
17 (47)	3:53	62	2:35	198.7	1:12:11	70	54:15	302.5
18 (48)	1:12	62	0:39	118.2	1:13:23	70	54:04	279.9
19 (49)	0:25	50	0:07	38.9	1:13:48	70	54:11	276.2
20 (50)	6:42	69	5:39	538.1	1:20:30	70	59:50	289.5
21 (51)	1:45	67	0:52	98.1	1:22:15	70	1:00:37	280.2
22 (52)	2:13	69	1:25	177.1	1:24:28	70	1:01:36	269.4
23 (53)	5:34	68	3:14	138.6	1:30:02	68	1:04:50	257.3
24 (54)	1:32	65	0:41	80.4	1:31:34	68	1:05:15	247.9
25 (55)	1:39	70	1:12	266.7	1:33:13	68	1:06:23	247.4
26 (56)	1:25	69	0:44	107.3	1:34:38	68	1:07:01	242.7
27 (57)	1:50	67	0:52	89.7	1:36:28	68	1:07:50	236.9
28 (100)	2:01	70	1:27	255.9	1:38:29	68	1:09:11	236.1
□□	0:26	69	0:11	73.3	1:38:55	68	1:09:20	234.4