



# Rīgas kausi / Riga Cup 2015

Riga / 18.04.2015

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Lebedoks, Ēriks

□□: KURMIS OK

□□□: 35:46

□□□□: 6:36 min/km

□□: 5.41 km / 26 □□

□□□□:

Men -21A

□□□□□: 2(of 27)

□□□□□□: 32:35

□□: 3:11

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□□	□□ □□	□□ -	□□ -	□□ %	□□□ □□	□□ -	□□ -	□□ %
1 (81)	1:36	4	0:04	4.4	1:36	4	0:04	4.4
2 (82)	1:00	26	0:29	93.6	2:36	12	0:30	23.8
3 (83)	2:14	1	-	-	4:50	3	0:18	6.6
4 (84)	1:29	19	0:33	58.9	6:19	6	0:51	15.6
5 (85)	1:12	3	0:08	12.5	7:31	5	0:59	15.1
6 (86)	1:34	10	0:27	40.3	9:05	4	1:26	18.7
7 (87)	1:17	6	0:09	13.2	10:22	3	1:35	18.0
8 (88)	2:21	9	0:27	23.7	12:43	4	1:53	17.4
9 (89)	1:33	5	0:05	5.7	14:16	3	1:58	16.0
10 (90)	1:31	2	0:08	9.6	15:47	2	2:06	15.4
11 (91)	2:49	3	0:01	0.6	18:36	2	2:05	12.6
12 (92)	1:04	2	0:02	3.2	19:40	2	2:07	12.1
13 (93)	1:10	4	0:03	4.5	20:50	2	2:10	11.6
14 (94)	1:16	6	0:11	16.9	22:06	2	2:10	10.9
15 (95)	1:10	5	0:07	11.1	23:16	2	2:09	10.2
16 (96)	1:32	6	0:07	8.2	24:48	2	2:14	9.9
17 (97)	1:15	3	0:03	4.2	26:03	2	2:16	9.5
18 (98)	0:47	6	0:04	9.3	26:50	2	2:19	9.5
19 (99)	0:41	5	0:03	7.9	27:31	2	2:20	9.3
20 (101)	2:19	14	0:16	13.0	29:50	2	2:31	9.2
21 (78)	0:54	14	0:09	20.0	30:44	2	2:37	9.3
22 (53)	0:40	14	0:05	14.3	31:24	2	2:42	9.4
23 (102)	1:06	13	0:13	24.5	32:30	2	2:54	9.8
24 (103)	1:35	5	0:12	14.5	34:05	2	2:56	9.4
25 (104)	0:49	9	0:08	19.5	34:54	2	3:01	9.5
26 (100)	0:32	13	0:07	28.0	35:26	2	3:08	9.7
□□	0:20	10	0:04	25.0	35:46	2	3:11	9.8