



Rīgas kausi / Riga Cup 2015

Riga / 18.04.2015

□□□□

Bričonoks, Edgars

□□: Kāpa OK

□□□: 36:32

□□□□: 6:45 min/km

□□: 5.41 km / 26 □□

□□□□:

Men -21A

□□□□□: 3(of 27)

□□□□□□: 32:35

□□: 3:57

□□□□

□□	□□ □□	□□ -	□□ -	□□ %	□□□ □□	□□ -	□□ -	□□ %
1 (81)	1:36	4	0:04	4.4	1:36	4	0:04	4.4
2 (82)	0:38	8	0:07	22.6	2:14	3	0:08	6.4
3 (83)	2:53	10	0:39	29.1	5:07	6	0:35	12.9
4 (84)	0:57	2	0:01	1.8	6:04	4	0:36	11.0
5 (85)	1:10	2	0:06	9.4	7:14	2	0:42	10.7
6 (86)	2:05	18	0:58	86.6	9:19	6	1:40	21.8
7 (87)	1:16	4	0:08	11.8	10:35	4	1:48	20.5
8 (88)	2:00	2	0:06	5.3	12:35	3	1:45	16.2
9 (89)	1:48	13	0:20	22.7	14:23	4	2:05	16.9
10 (90)	1:39	5	0:16	19.3	16:02	4	2:21	17.2
11 (91)	3:15	10	0:27	16.1	19:17	4	2:46	16.8
12 (92)	1:08	5	0:06	9.7	20:25	4	2:52	16.3
13 (93)	1:38	21	0:31	46.3	22:03	4	3:23	18.1
14 (94)	1:27	12	0:22	33.9	23:30	4	3:34	17.9
15 (95)	1:16	8	0:13	20.6	24:46	4	3:39	17.3
16 (96)	1:31	4	0:06	7.1	26:17	4	3:43	16.5
17 (97)	1:17	5	0:05	6.9	27:34	4	3:47	15.9
18 (98)	0:45	3	0:02	4.7	28:19	4	3:48	15.5
19 (99)	0:40	3	0:02	5.3	28:59	4	3:48	15.1
20 (101)	2:15	8	0:12	9.8	31:14	4	3:55	14.3
21 (78)	0:49	5	0:04	8.9	32:03	4	3:56	14.0
22 (53)	0:36	2	0:01	2.9	32:39	4	3:57	13.8
23 (102)	0:57	4	0:04	7.6	33:36	4	4:00	13.5
24 (103)	1:23	1	-	-	34:59	3	3:50	12.3
25 (104)	0:45	5	0:04	9.8	35:44	3	3:51	12.1
26 (100)	0:31	9	0:06	24.0	36:15	3	3:57	12.2
□□	0:17	2	0:01	6.3	36:32	3	3:57	12.1