



Rīgas kausi / Riga Cup 2015

Riga / 18.04.2015

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Janovs, Andis

□□: Briksnis SK

□□□: 41:15

□□□□: 7:37 min/km

□□: 5.41 km / 26 □□

□□□□:

Men -21A

□□□□□: 7(of 27)

□□□□□□□: 32:35

□□: 8:40

□□□□

□□	□□ □□	□□ -	□□ -	□□ %	□□□ □□	□□ -	□□ -	□□ %
1 (81)	1:47	9	0:15	16.3	1:47	9	0:15	16.3
2 (82)	0:34	2	0:03	9.7	2:21	6	0:15	11.9
3 (83)	2:41	7	0:27	20.2	5:02	4	0:30	11.0
4 (84)	1:00	3	0:04	7.1	6:02	3	0:34	10.4
5 (85)	1:18	7	0:14	21.9	7:20	3	0:48	12.2
6 (86)	1:41	14	0:34	50.8	9:01	3	1:22	17.9
7 (87)	1:08	1	-	-	10:09	2	1:22	15.6
8 (88)	1:54	1	-	-	12:03	2	1:13	11.2
9 (89)	2:12	19	0:44	50.0	14:15	2	1:57	15.9
10 (90)	1:35	4	0:12	14.5	15:50	3	2:09	15.7
11 (91)	3:05	7	0:17	10.1	18:55	3	2:24	14.5
12 (92)	1:14	9	0:12	19.4	20:09	3	2:36	14.8
13 (93)	1:27	16	0:20	29.9	21:36	3	2:56	15.7
14 (94)	1:11	3	0:06	9.2	22:47	3	2:51	14.3
15 (95)	1:18	11	0:15	23.8	24:05	3	2:58	14.1
16 (96)	1:31	4	0:06	7.1	25:36	3	3:02	13.4
17 (97)	1:30	10	0:18	25.0	27:06	3	3:19	14.0
18 (98)	0:54	12	0:11	25.6	28:00	3	3:29	14.2
19 (99)	0:39	2	0:01	2.6	28:39	3	3:28	13.8
20 (101)	2:17	10	0:14	11.4	30:56	3	3:37	13.2
21 (78)	0:45	1	-	-	31:41	3	3:34	12.7
22 (53)	0:36	2	0:01	2.9	32:17	3	3:35	12.5
23 (102)	0:53	1	-	-	33:10	3	3:34	12.1
24 (103)	6:24	25	5:01	362.7	39:34	7	8:25	27.0
25 (104)	0:46	6	0:05	12.2	40:20	7	8:27	26.5
26 (100)	0:31	9	0:06	24.0	40:51	7	8:33	26.5
□□	0:24	24	0:08	50.0	41:15	7	8:40	26.6