



# Rīgas kausi / Riga Cup 2015

Riga / 18.04.2015

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Karnītis, Krišs

□□: Kāpa OK

□□□: 51:36

□□□□: 9:32 min/km

□□: 5.41 km / 26 □□

□□□□:

Men -21A

□□□□□: 19(of 27)

□□□□□□□: 32:35

□□: 19:01

□□□□

□□	□□ □□	□□ -	□□ -	□□ %	□□□ □□	□□ -	□□ -	□□ %
1 (81)	2:53	21	1:21	88.0	2:53	21	1:21	88.0
2 (82)	0:40	11	0:09	29.0	3:33	21	1:27	69.1
3 (83)	3:19	17	1:05	48.5	6:52	19	2:20	51.5
4 (84)	1:52	21	0:56	100.0	8:44	20	3:16	59.8
5 (85)	1:30	15	0:26	40.6	10:14	17	3:42	56.6
6 (86)	1:37	11	0:30	44.8	11:51	15	4:12	54.9
7 (87)	1:51	18	0:43	63.2	13:42	16	4:55	56.0
8 (88)	3:15	19	1:21	71.1	16:57	16	6:07	56.5
9 (89)	1:56	15	0:28	31.8	18:53	16	6:35	53.5
10 (90)	2:12	19	0:49	59.0	21:05	15	7:24	54.1
11 (91)	8:26	26	5:38	201.2	29:31	18	13:00	78.7
12 (92)	1:31	17	0:29	46.8	31:02	18	13:29	76.8
13 (93)	1:35	18	0:28	41.8	32:37	18	13:57	74.7
14 (94)	1:34	17	0:29	44.6	34:11	18	14:15	71.5
15 (95)	1:17	9	0:14	22.2	35:28	18	14:21	68.0
16 (96)	1:57	19	0:32	37.7	37:25	18	14:51	65.8
17 (97)	1:38	16	0:26	36.1	39:03	17	15:16	64.2
18 (98)	1:05	18	0:22	51.2	40:08	16	15:37	63.7
19 (99)	0:49	16	0:11	29.0	40:57	16	15:46	62.6
20 (101)	3:31	25	1:28	71.5	44:28	19	17:09	62.8
21 (78)	0:57	18	0:12	26.7	45:25	19	17:18	61.5
22 (53)	0:45	19	0:10	28.6	46:10	19	17:28	60.9
23 (102)	1:20	21	0:27	50.9	47:30	19	17:54	60.5
24 (103)	2:14	14	0:51	61.5	49:44	19	18:35	59.7
25 (104)	0:54	16	0:13	31.7	50:38	19	18:45	58.8
26 (100)	0:36	25	0:11	44.0	51:14	19	18:56	58.6
□□	0:22	16	0:06	37.5	51:36	19	19:01	58.4