



# Rīgas kausi / Riga Cup 2015

Riga / 18.04.2015

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Lebedoks, Juris

□□: KURMIS OK

□□□: 57:09

□□□□: 10:33 min/km

□□: 5.41 km / 26 □□

□□□□:

Men -21A

□□□□□: 24(of 27)

□□□□□□: 32:35

□□: 24:34

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□□	□□ □□	□□ -	□□ -	□□ %	□□□ □□	□□ -	□□ -	□□ %
1 (81)	5:18	26	3:46	245.7	5:18	26	3:46	245.7
2 (82)	0:59	25	0:28	90.3	6:17	26	4:11	199.2
3 (83)	3:46	22	1:32	68.7	10:03	24	5:31	121.7
4 (84)	1:16	13	0:20	35.7	11:19	24	5:51	107.0
5 (85)	2:34	21	1:30	140.6	13:53	22	7:21	112.5
6 (86)	1:40	12	0:33	49.3	15:33	20	7:54	103.3
7 (87)	2:51	25	1:43	151.5	18:24	22	9:37	109.5
8 (88)	3:57	24	2:03	107.9	22:21	22	11:31	106.3
9 (89)	2:26	22	0:58	65.9	24:47	23	12:29	101.5
10 (90)	2:44	23	1:21	97.6	27:31	23	13:50	101.1
11 (91)	3:16	11	0:28	16.7	30:47	23	14:16	86.4
12 (92)	1:22	13	0:20	32.3	32:09	21	14:36	83.2
13 (93)	1:25	14	0:18	26.9	33:34	22	14:54	79.8
14 (94)	1:38	18	0:33	50.8	35:12	21	15:16	76.6
15 (95)	1:23	14	0:20	31.8	36:35	21	15:28	73.2
16 (96)	2:02	22	0:37	43.5	38:37	21	16:03	71.1
17 (97)	1:29	9	0:17	23.6	40:06	20	16:19	68.6
18 (98)	1:10	20	0:27	62.8	41:16	20	16:45	68.3
19 (99)	0:55	22	0:17	44.7	42:11	20	17:00	67.5
20 (101)	2:39	22	0:36	29.3	44:50	21	17:31	64.1
21 (78)	1:11	23	0:26	57.8	46:01	22	17:54	63.7
22 (53)	1:04	25	0:29	82.9	47:05	22	18:23	64.1
23 (102)	2:47	25	1:54	215.1	49:52	22	20:16	68.5
24 (103)	5:51	24	4:28	322.9	55:43	24	24:34	78.9
25 (104)	0:44	3	0:03	7.3	56:27	24	24:34	77.1
26 (100)	0:26	3	0:01	4.0	56:53	24	24:35	76.1
□□	0:16	1	-	-	57:09	24	24:34	75.4