



# Rīgas kausi / Riga Cup 2015

Riga / 18.04.2015

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**Bērziņš, Raimonds**

□□: Stīvijs Vonders

□□□: 32:39

□□□□: 7:28 min/km

□□: 4.37 km / 17 □□

□□□□:

Men -21B

□□□□□: 3(of 16)

□□□□□□□: 30:04

□□: 2:35

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	□□	-	-	%	□□	-	-	%
1 (130)	2:10	3	0:04	3.2	2:10	3	0:04	3.2
2 (82)	1:12	2	0:01	1.4	3:22	1	-	-
3 (89)	4:33	10	1:48	65.5	7:55	4	0:40	9.2
4 (110)	3:14	10	1:35	96.0	11:09	5	1:21	13.8
5 (95)	2:02	5	0:26	27.1	13:11	6	1:20	11.3
6 (112)	1:43	1	-	-	14:54	3	1:06	8.0
7 (94)	1:34	6	0:12	14.6	16:28	2	1:01	6.6
8 (92)	1:41	2	0:08	8.6	18:09	2	0:28	2.6
9 (116)	2:23	6	0:31	27.7	20:32	3	0:49	4.1
10 (98)	1:33	3	0:06	6.9	22:05	3	0:38	3.0
11 (137)	1:58	4	0:33	38.8	24:03	3	0:46	3.3
12 (78)	2:25	3	0:33	29.5	26:28	3	1:19	5.2
13 (53)	0:41	3	0:02	5.1	27:09	3	1:18	5.0
14 (126)	1:18	4	0:24	44.4	28:27	3	1:42	6.4
15 (121)	1:34	4	0:21	28.8	30:01	3	2:03	7.3
16 (122)	1:20	4	0:22	37.9	31:21	3	2:25	8.4
17 (100)	0:53	5	0:06	12.8	32:14	3	2:27	8.2
□□	0:25	10	0:08	47.1	32:39	3	2:35	8.6