



Rīgas kausi / Riga Cup 2015

Riga / 18.04.2015

□□□□

Leiņa, Normunds

□□: Ozons

□□□: 34:45

□□□□: 7:57 min/km

□□: 4.37 km / 17 □□

□□□□:

Men -21B

□□□□□: 5(of 16)

□□□□□□□: 30:04

□□: 4:41

□□□□

□□	□□ □□	□□ -	□□ -	□□ %	□□□ □□	□□ -	□□ -	□□ %
1 (130)	7:46	15	5:40	269.8	7:46	15	5:40	269.8
2 (82)	2:01	11	0:50	70.4	9:47	15	6:25	190.6
3 (89)	2:45	1	-	-	12:32	12	5:17	72.9
4 (110)	1:39	1	-	-	14:11	9	4:23	44.7
5 (95)	1:55	2	0:19	19.8	16:06	7	4:15	35.9
6 (112)	1:47	2	0:04	3.9	17:53	7	4:05	29.6
7 (94)	1:22	1	-	-	19:15	7	3:48	24.6
8 (92)	1:47	3	0:14	15.1	21:02	7	3:21	18.9
9 (116)	2:08	3	0:16	14.3	23:10	6	3:27	17.5
10 (98)	1:27	1	-	-	24:37	6	3:10	14.8
11 (137)	1:59	6	0:34	40.0	26:36	6	3:19	14.2
12 (78)	2:20	2	0:28	25.0	28:56	5	3:47	15.0
13 (53)	0:43	5	0:04	10.3	29:39	5	3:48	14.7
14 (126)	1:13	2	0:19	35.2	30:52	5	4:07	15.4
15 (121)	1:26	2	0:13	17.8	32:18	5	4:20	15.5
16 (122)	1:18	3	0:20	34.5	33:36	5	4:40	16.1
17 (100)	0:48	2	0:01	2.1	34:24	5	4:37	15.5
□□	0:21	6	0:04	23.5	34:45	5	4:41	15.6