



Rīgas kausi / Riga Cup 2015

Riga / 18.04.2015

□□□□

Staģis, Oskars

□□: Auseklis IK

□□□: 36:10

□□□□: 8:16 min/km

□□: 4.37 km / 17 □□

□□□□:

Men -21B

□□□□□: 7(of 16)

□□□□□□□: 30:04

□□: 6:06

□□□□

□□	□□ □□	□□ -	□□ -	□□ %	□□□ □□	□□ -	□□ -	□□ %
1 (130)	3:00	9	0:54	42.9	3:00	9	0:54	42.9
2 (82)	1:26	3	0:15	21.1	4:26	7	1:04	31.7
3 (89)	3:48	5	1:03	38.2	8:14	5	0:59	13.6
4 (110)	2:04	4	0:25	25.3	10:18	4	0:30	5.1
5 (95)	2:27	10	0:51	53.1	12:45	4	0:54	7.6
6 (112)	2:33	10	0:50	48.5	15:18	4	1:30	10.9
7 (94)	1:38	8	0:16	19.5	16:56	3	1:29	9.6
8 (92)	2:17	8	0:44	47.3	19:13	4	1:32	8.7
9 (116)	2:32	8	0:40	35.7	21:45	5	2:02	10.3
10 (98)	1:44	6	0:17	19.5	23:29	5	2:02	9.5
11 (137)	2:34	10	1:09	81.2	26:03	5	2:46	11.9
12 (78)	2:55	7	1:03	56.3	28:58	6	3:49	15.2
13 (53)	0:43	5	0:04	10.3	29:41	6	3:50	14.8
14 (126)	1:34	9	0:40	74.1	31:15	6	4:30	16.8
15 (121)	1:45	6	0:32	43.8	33:00	6	5:02	18.0
16 (122)	1:45	12	0:47	81.0	34:45	6	5:49	20.1
17 (100)	0:58	10	0:11	23.4	35:43	6	5:56	19.9
□□	0:27	13	0:10	58.8	36:10	7	6:06	20.3