



# Rīgas kausi / Riga Cup 2015

Riga / 18.04.2015

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Alexandre, Eric

□□: AC Beauchamp

□□□: 53:00

□□□□: 12:07 min/km

□□: 4.37 km / 17 □□

□□□□:

Men -21B

□□□□□: 10(of 16)

□□□□□□: 30:04

□□: 22:56

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| □□       | □□<br>□□ | □□<br>- | □□<br>- | □□<br>% | □□□<br>□□ | □□<br>- | □□<br>- | □□<br>% |
|----------|----------|---------|---------|---------|-----------|---------|---------|---------|
| 1 (130)  | 3:28     | 12      | 1:22    | 65.1    | 3:28      | 12      | 1:22    | 65.1    |
| 2 (82)   | 3:04     | 14      | 1:53    | 159.2   | 6:32      | 13      | 3:10    | 94.1    |
| 3 (89)   | 4:21     | 7       | 1:36    | 58.2    | 10:53     | 10      | 3:38    | 50.1    |
| 4 (110)  | 4:17     | 13      | 2:38    | 159.6   | 15:10     | 11      | 5:22    | 54.8    |
| 5 (95)   | 3:18     | 14      | 1:42    | 106.3   | 18:28     | 10      | 6:37    | 55.8    |
| 6 (112)  | 1:52     | 3       | 0:09    | 8.7     | 20:20     | 9       | 6:32    | 47.3    |
| 7 (94)   | 1:25     | 2       | 0:03    | 3.7     | 21:45     | 9       | 6:18    | 40.8    |
| 8 (92)   | 4:34     | 16      | 3:01    | 194.6   | 26:19     | 10      | 8:38    | 48.8    |
| 9 (116)  | 2:55     | 10      | 1:03    | 56.3    | 29:14     | 8       | 9:31    | 48.3    |
| 10 (98)  | 6:29     | 14      | 5:02    | 347.1   | 35:43     | 9       | 14:16   | 66.5    |
| 11 (137) | 3:42     | 11      | 2:17    | 161.2   | 39:25     | 9       | 16:08   | 69.3    |
| 12 (78)  | 4:48     | 14      | 2:56    | 157.1   | 44:13     | 9       | 19:04   | 75.8    |
| 13 (53)  | 0:44     | 7       | 0:05    | 12.8    | 44:57     | 9       | 19:06   | 73.9    |
| 14 (126) | 3:11     | 13      | 2:17    | 253.7   | 48:08     | 10      | 21:23   | 79.9    |
| 15 (121) | 2:01     | 13      | 0:48    | 65.8    | 50:09     | 10      | 22:11   | 79.3    |
| 16 (122) | 1:41     | 11      | 0:43    | 74.1    | 51:50     | 10      | 22:54   | 79.2    |
| 17 (100) | 0:50     | 3       | 0:03    | 6.4     | 52:40     | 10      | 22:53   | 76.8    |
| □□       | 0:20     | 5       | 0:03    | 17.7    | 53:00     | 10      | 22:56   | 76.3    |