



Rīgas kausi / Riga Cup 2015

Riga / 18.04.2015

□□□□

HOLIAK, VOLODYMYR

□□: Ukraine

□□□: 55:34

□□□□: 12:42 min/km

□□: 4.37 km / 17 □□

□□□□:

Men -21B

□□□□□: 11(of 16)

□□□□□□: 30:04

□□: 25:30

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□□	□□ □□	□□ -	□□ -	□□ %	□□□ □□	□□ -	□□ -	□□ %
1 (130)	5:37	14	3:31	167.5	5:37	14	3:31	167.5
2 (82)	3:03	13	1:52	157.8	8:40	14	5:18	157.4
3 (89)	4:24	8	1:39	60.0	13:04	13	5:49	80.2
4 (110)	4:18	14	2:39	160.6	17:22	13	7:34	77.2
5 (95)	3:14	13	1:38	102.1	20:36	13	8:45	73.8
6 (112)	1:56	5	0:13	12.6	22:32	11	8:44	63.3
7 (94)	1:33	5	0:11	13.4	24:05	10	8:38	55.9
8 (92)	4:28	14	2:55	188.2	28:33	11	10:52	61.5
9 (116)	2:53	9	1:01	54.5	31:26	9	11:43	59.4
10 (98)	6:16	13	4:49	332.2	37:42	10	16:15	75.8
11 (137)	3:56	12	2:31	177.7	41:38	10	18:21	78.8
12 (78)	4:20	12	2:28	132.1	45:58	11	20:49	82.8
13 (53)	0:57	10	0:18	46.2	46:55	11	21:04	81.5
14 (126)	3:58	15	3:04	340.7	50:53	11	24:08	90.2
15 (121)	1:45	6	0:32	43.8	52:38	11	24:40	88.2
16 (122)	1:34	10	0:36	62.1	54:12	11	25:16	87.3
17 (100)	0:55	6	0:08	17.0	55:07	11	25:20	85.1
□□	0:27	13	0:10	58.8	55:34	11	25:30	84.8