



Rīgas kausi / Riga Cup 2015

Riga / 18.04.2015

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Andersons, Kārlis

□□: SPAMMA

□□□: 1:03:16

□□□□: 14:28 min/km

□□: 4.37 km / 17 □□

□□□□:

Men -21B

□□□□□: 12(of 16)

□□□□□□: 30:04

□□: 33:12

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□□	□□ □□	□□ -	□□ -	□□ %	□□□ □□	□□ -	□□ -	□□ %
1 (130)	2:20	5	0:14	11.1	2:20	5	0:14	11.1
2 (82)	1:38	5	0:27	38.0	3:58	3	0:36	17.8
3 (89)	11:21	15	8:36	312.7	15:19	14	8:04	111.3
4 (110)	1:55	2	0:16	16.2	17:14	12	7:26	75.9
5 (95)	1:55	2	0:19	19.8	19:09	12	7:18	61.6
6 (112)	3:46	15	2:03	119.4	22:55	12	9:07	66.1
7 (94)	1:27	3	0:05	6.1	24:22	11	8:55	57.7
8 (92)	1:52	4	0:19	20.4	26:14	9	8:33	48.4
9 (116)	13:52	14	12:00	642.9	40:06	12	20:23	103.4
10 (98)	8:41	15	7:14	498.9	48:47	13	27:20	127.4
11 (137)	4:41	15	3:16	230.6	53:28	13	30:11	129.6
12 (78)	3:01	9	1:09	61.6	56:29	12	31:20	124.6
13 (53)	0:51	9	0:12	30.8	57:20	12	31:29	121.8
14 (126)	1:22	5	0:28	51.9	58:42	12	31:57	119.4
15 (121)	1:47	9	0:34	46.6	1:00:29	12	32:31	116.3
16 (122)	1:25	7	0:27	46.6	1:01:54	12	32:58	113.9
17 (100)	1:00	14	0:13	27.7	1:02:54	12	33:07	111.2
□□	0:22	9	0:05	29.4	1:03:16	12	33:12	110.4