



Rīgas kausi / Riga Cup 2015

Riga / 18.04.2015

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Zarāns, Reinis

□□: Ind.

□□□: 1:10:11

□□□□: 16:03 min/km

□□: 4.37 km / 17 □□

□□□□:

Men -21B

□□□□□: 14(of 16)

□□□□□□: 30:04

□□: 40:07

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□□	□□ □□	□□ -	□□ -	□□ %	□□□ □□	□□ -	□□ -	□□ %
1 (130)	2:45	7	0:39	31.0	2:45	7	0:39	31.0
2 (82)	1:44	7	0:33	46.5	4:29	8	1:07	33.2
3 (89)	4:29	9	1:44	63.0	8:58	6	1:43	23.7
4 (110)	4:38	15	2:59	180.8	13:36	8	3:48	38.8
5 (95)	2:32	11	0:56	58.3	16:08	8	4:17	36.2
6 (112)	8:48	16	7:05	412.6	24:56	13	11:08	80.7
7 (94)	1:57	10	0:35	42.7	26:53	13	11:26	74.0
8 (92)	2:30	9	0:57	61.3	29:23	12	11:42	66.2
9 (116)	10:46	13	8:54	476.8	40:09	13	20:26	103.6
10 (98)	16:01	16	14:34	1,004.6	56:10	14	34:43	161.9
11 (137)	1:49	2	0:24	28.2	57:59	14	34:42	149.0
12 (78)	3:00	8	1:08	60.7	1:00:59	14	35:50	142.5
13 (53)	2:38	15	1:59	305.1	1:03:37	14	37:46	146.1
14 (126)	1:49	11	0:55	101.9	1:05:26	14	38:41	144.6
15 (121)	2:08	14	0:55	75.3	1:07:34	14	39:36	141.6
16 (122)	1:17	2	0:19	32.8	1:08:51	14	39:55	138.0
17 (100)	0:59	13	0:12	25.5	1:09:50	14	40:03	134.5
□□	0:21	6	0:04	23.5	1:10:11	14	40:07	133.4