



Rīgas kausi / Riga Cup 2015

Rīga / 18.04.2015

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Dzenītis, Juris

□□: Madonas BJSS/OK Arona

□□□: 36:07

□□□□: 6:40 min/km

□□: 5.41 km / 26 □□

□□□□:

Men 35-

□□□□□: 2(of 33)

□□□□□□: 35:14

□□: 0:53

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□□	□□ □□	□□ -	□□ -	□□ %	□□□ □□	□□ -	□□ -	□□ %
1 (81)	1:41	1	-	-	1:41	1	-	-
2 (82)	0:47	19	0:15	46.9	2:28	4	0:11	8.0
3 (83)	2:29	3	0:15	11.2	4:57	1	-	-
4 (84)	1:05	6	0:10	18.2	6:02	2	0:03	0.8
5 (85)	1:17	8	0:15	24.2	7:19	2	0:08	1.9
6 (86)	1:21	9	0:19	30.7	8:40	3	0:22	4.4
7 (87)	1:23	14	0:21	33.9	10:03	3	0:39	6.9
8 (88)	2:07	5	0:11	9.5	12:10	3	0:31	4.4
9 (89)	1:33	7	0:09	10.7	13:43	3	0:35	4.4
10 (90)	1:53	7	0:06	5.6	15:36	3	0:35	3.9
11 (91)	2:35	4	0:11	7.6	18:11	3	0:26	2.4
12 (92)	1:15	4	0:04	5.6	19:26	3	0:23	2.0
13 (93)	1:23	8	0:15	22.1	20:49	2	0:23	1.9
14 (94)	1:10	2	0:04	6.1	21:59	2	0:16	1.2
15 (95)	1:32	14	0:35	61.4	23:31	2	0:35	2.5
16 (96)	1:38	6	0:17	21.0	25:09	2	0:20	1.3
17 (97)	1:33	14	0:22	31.0	26:42	2	0:40	2.6
18 (98)	0:47	6	0:04	9.3	27:29	2	0:38	2.4
19 (99)	0:47	12	0:09	23.7	28:16	3	0:40	2.4
20 (101)	2:12	9	0:12	10.0	30:28	3	0:43	2.4
21 (78)	0:50	8	0:07	16.3	31:18	3	0:45	2.5
22 (53)	0:37	7	0:03	8.8	31:55	3	0:46	2.5
23 (102)	0:57	4	0:08	16.3	32:52	3	0:47	2.4
24 (103)	1:39	6	0:21	26.9	34:31	2	0:55	2.7
25 (104)	0:46	1	-	-	35:17	2	0:53	2.6
26 (100)	0:31	12	0:06	24.0	35:48	2	0:54	2.6
□□	0:19	4	0:02	11.8	36:07	2	0:53	2.5