



# Rīgas kausi / Riga Cup 2015

Riga / 18.04.2015

□□□□

Gediņš, Mārcis

□□: Auseklis IK

□□□: 36:28

□□□□: 6:44 min/km

□□: 5.41 km / 26 □□

□□□□:

Men 35-

□□□□□: 3(of 33)

□□□□□□: 35:14

□□: 1:14

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| □□       | □□<br>□□ | □□<br>- | □□<br>- | □□<br>% | □□□<br>□□ | □□<br>- | □□<br>- | □□<br>% |
|----------|----------|---------|---------|---------|-----------|---------|---------|---------|
| 1 (81)   | 1:41     | 1       | -       | -       | 1:41      | 1       | -       | -       |
| 2 (82)   | 0:36     | 4       | 0:04    | 12.5    | 2:17      | 1       | -       | -       |
| 3 (83)   | 2:48     | 9       | 0:34    | 25.4    | 5:05      | 3       | 0:08    | 2.7     |
| 4 (84)   | 1:04     | 4       | 0:09    | 16.4    | 6:09      | 3       | 0:10    | 2.8     |
| 5 (85)   | 1:02     | 1       | -       | -       | 7:11      | 1       | -       | -       |
| 6 (86)   | 1:07     | 3       | 0:05    | 8.1     | 8:18      | 1       | -       | -       |
| 7 (87)   | 1:06     | 3       | 0:04    | 6.5     | 9:24      | 1       | -       | -       |
| 8 (88)   | 2:15     | 11      | 0:19    | 16.4    | 11:39     | 1       | -       | -       |
| 9 (89)   | 1:29     | 3       | 0:05    | 6.0     | 13:08     | 1       | -       | -       |
| 10 (90)  | 2:00     | 15      | 0:13    | 12.2    | 15:08     | 2       | 0:07    | 0.8     |
| 11 (91)  | 2:37     | 5       | 0:13    | 9.0     | 17:45     | 1       | -       | -       |
| 12 (92)  | 1:18     | 5       | 0:07    | 9.9     | 19:03     | 1       | -       | -       |
| 13 (93)  | 2:33     | 31      | 1:25    | 125.0   | 21:36     | 3       | 1:10    | 5.7     |
| 14 (94)  | 1:10     | 2       | 0:04    | 6.1     | 22:46     | 3       | 1:03    | 4.8     |
| 15 (95)  | 1:14     | 6       | 0:17    | 29.8    | 24:00     | 3       | 1:04    | 4.7     |
| 16 (96)  | 1:26     | 3       | 0:05    | 6.2     | 25:26     | 3       | 0:37    | 2.5     |
| 17 (97)  | 1:18     | 5       | 0:07    | 9.9     | 26:44     | 3       | 0:42    | 2.7     |
| 18 (98)  | 0:45     | 4       | 0:02    | 4.7     | 27:29     | 2       | 0:38    | 2.4     |
| 19 (99)  | 0:43     | 4       | 0:05    | 13.2    | 28:12     | 2       | 0:36    | 2.2     |
| 20 (101) | 2:11     | 7       | 0:11    | 9.2     | 30:23     | 2       | 0:38    | 2.1     |
| 21 (78)  | 0:50     | 8       | 0:07    | 16.3    | 31:13     | 2       | 0:40    | 2.2     |
| 22 (53)  | 0:34     | 1       | -       | -       | 31:47     | 2       | 0:38    | 2.0     |
| 23 (102) | 1:04     | 10      | 0:15    | 30.6    | 32:51     | 2       | 0:46    | 2.4     |
| 24 (103) | 1:40     | 7       | 0:22    | 28.2    | 34:31     | 2       | 0:55    | 2.7     |
| 25 (104) | 1:09     | 29      | 0:23    | 50.0    | 35:40     | 3       | 1:16    | 3.7     |
| 26 (100) | 0:31     | 12      | 0:06    | 24.0    | 36:11     | 3       | 1:17    | 3.7     |
| □□       | 0:17     | 1       | -       | -       | 36:28     | 3       | 1:14    | 3.5     |