



Rīgas kausi / Riga Cup 2015

Riga / 18.04.2015

□□□□

Jansons, Kaspars

□□: Auseklis IK

□□□: 39:42

□□□□: 7:20 min/km

□□: 5.41 km / 26 □□

□□□□:

Men 35-

□□□□□: 6(of 33)

□□□□□□: 35:14

□□: 4:28

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□□	□□ □□	□□ -	□□ -	□□ %	□□□ □□	□□ -	□□ -	□□ %
1 (81)	2:07	15	0:26	25.7	2:07	15	0:26	25.7
2 (82)	0:48	21	0:16	50.0	2:55	14	0:38	27.7
3 (83)	2:42	6	0:28	20.9	5:37	6	0:40	13.5
4 (84)	1:07	10	0:12	21.8	6:44	6	0:45	12.5
5 (85)	1:20	9	0:18	29.0	8:04	6	0:53	12.3
6 (86)	1:18	4	0:16	25.8	9:22	4	1:04	12.9
7 (87)	1:24	17	0:22	35.5	10:46	4	1:22	14.5
8 (88)	2:13	7	0:17	14.7	12:59	4	1:20	11.4
9 (89)	1:53	16	0:29	34.5	14:52	5	1:44	13.2
10 (90)	2:04	18	0:17	15.9	16:56	5	1:55	12.8
11 (91)	4:02	24	1:38	68.1	20:58	6	3:13	18.1
12 (92)	1:18	5	0:07	9.9	22:16	6	3:13	16.9
13 (93)	1:08	1	-	-	23:24	6	2:58	14.5
14 (94)	1:33	16	0:27	40.9	24:57	5	3:14	14.9
15 (95)	1:20	7	0:23	40.4	26:17	5	3:21	14.6
16 (96)	1:47	18	0:26	32.1	28:04	5	3:15	13.1
17 (97)	1:20	6	0:09	12.7	29:24	5	3:22	12.9
18 (98)	0:53	20	0:10	23.3	30:17	5	3:26	12.8
19 (99)	0:57	26	0:19	50.0	31:14	5	3:38	13.2
20 (101)	2:23	15	0:23	19.2	33:37	5	3:52	13.0
21 (78)	0:56	23	0:13	30.2	34:33	5	4:00	13.1
22 (53)	0:40	15	0:06	17.7	35:13	6	4:04	13.1
23 (102)	1:06	14	0:17	34.7	36:19	6	4:14	13.2
24 (103)	1:42	8	0:24	30.8	38:01	6	4:25	13.1
25 (104)	0:54	15	0:08	17.4	38:55	6	4:31	13.1
26 (100)	0:29	9	0:04	16.0	39:24	6	4:30	12.9
□□	0:18	2	0:01	5.9	39:42	6	4:28	12.7