



Rīgas kausi / Riga Cup 2015

Riga / 18.04.2015

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Kilups, Mareks

□□: Ziemeļkurzeme OK

□□□: 45:40

□□□□: 8:26 min/km

□□: 5.41 km / 26 □□

□□□□:

Men 35-

□□□□□: 15(of 33)

□□□□□□: 35:14

□□: 10:26

□□□□

□□	□□ □□	□□ -	□□ -	□□ %	□□□ □□	□□ -	□□ -	□□ %
1 (81)	4:11	28	2:30	148.5	4:11	28	2:30	148.5
2 (82)	0:50	23	0:18	56.3	5:01	28	2:44	119.7
3 (83)	3:24	16	1:10	52.2	8:25	22	3:28	70.0
4 (84)	1:21	19	0:26	47.3	9:46	23	3:47	63.2
5 (85)	2:04	26	1:02	100.0	11:50	24	4:39	64.7
6 (86)	1:57	22	0:55	88.7	13:47	19	5:29	66.1
7 (87)	1:38	23	0:36	58.1	15:25	19	6:01	64.0
8 (88)	2:44	18	0:48	41.4	18:09	18	6:30	55.8
9 (89)	1:39	10	0:15	17.9	19:48	18	6:40	50.8
10 (90)	1:55	10	0:08	7.5	21:43	17	6:42	44.6
11 (91)	2:34	2	0:10	6.9	24:17	16	6:32	36.8
12 (92)	1:24	14	0:13	18.3	25:41	15	6:38	34.8
13 (93)	1:28	13	0:20	29.4	27:09	15	6:43	32.9
14 (94)	1:28	11	0:22	33.3	28:37	15	6:54	31.8
15 (95)	1:28	11	0:31	54.4	30:05	14	7:09	31.2
16 (96)	1:38	6	0:17	21.0	31:43	13	6:54	27.8
17 (97)	1:37	16	0:26	36.6	33:20	13	7:18	28.0
18 (98)	0:52	16	0:09	20.9	34:12	13	7:21	27.4
19 (99)	0:45	8	0:07	18.4	34:57	13	7:21	26.6
20 (101)	2:31	21	0:31	25.8	37:28	13	7:43	25.9
21 (78)	0:54	17	0:11	25.6	38:22	13	7:49	25.6
22 (53)	0:41	19	0:07	20.6	39:03	13	7:54	25.4
23 (102)	1:11	22	0:22	44.9	40:14	13	8:09	25.4
24 (103)	3:35	31	2:17	175.6	43:49	15	10:13	30.4
25 (104)	1:03	25	0:17	37.0	44:52	15	10:28	30.4
26 (100)	0:27	6	0:02	8.0	45:19	15	10:25	29.9
□□	0:21	14	0:04	23.5	45:40	15	10:26	29.6