



Rīgas kausi / Riga Cup 2015

Riga / 18.04.2015

□□□□

Maksimov, Oleg

□□: 110%

□□□: 50:22

□□□□: 9:18 min/km

□□: 5.41 km / 26 □□

□□□□:

Men 35-

□□□□□: 19(of 33)

□□□□□□: 35:14

□□: 15:08

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□□	□□ □□	□□ -	□□ -	□□ %	□□□ □□	□□ -	□□ -	□□ %
1 (81)	2:05	14	0:24	23.8	2:05	14	0:24	23.8
2 (82)	1:42	31	1:10	218.8	3:47	22	1:30	65.7
3 (83)	3:22	14	1:08	50.8	7:09	18	2:12	44.4
4 (84)	1:44	27	0:49	89.1	8:53	21	2:54	48.5
5 (85)	1:27	12	0:25	40.3	10:20	18	3:09	43.9
6 (86)	1:43	20	0:41	66.1	12:03	14	3:45	45.2
7 (87)	1:22	13	0:20	32.3	13:25	12	4:01	42.7
8 (88)	2:26	15	0:30	25.9	15:51	13	4:12	36.1
9 (89)	1:26	2	0:02	2.4	17:17	11	4:09	31.6
10 (90)	2:08	21	0:21	19.6	19:25	13	4:24	29.3
11 (91)	3:05	15	0:41	28.5	22:30	12	4:45	26.8
12 (92)	1:23	12	0:12	16.9	23:53	12	4:50	25.4
13 (93)	1:58	25	0:50	73.5	25:51	11	5:25	26.5
14 (94)	2:28	25	1:22	124.2	28:19	14	6:36	30.4
15 (95)	1:41	18	0:44	77.2	30:00	13	7:04	30.8
16 (96)	6:47	33	5:26	402.5	36:47	19	11:58	48.2
17 (97)	2:09	25	0:58	81.7	38:56	19	12:54	49.6
18 (98)	0:45	4	0:02	4.7	39:41	19	12:50	47.8
19 (99)	0:50	19	0:12	31.6	40:31	19	12:55	46.8
20 (101)	2:26	17	0:26	21.7	42:57	19	13:12	44.4
21 (78)	0:54	17	0:11	25.6	43:51	19	13:18	43.5
22 (53)	0:48	29	0:14	41.2	44:39	19	13:30	43.3
23 (102)	1:03	9	0:14	28.6	45:42	19	13:37	42.4
24 (103)	2:45	25	1:27	111.5	48:27	19	14:51	44.2
25 (104)	0:59	19	0:13	28.3	49:26	19	15:02	43.7
26 (100)	0:37	26	0:12	48.0	50:03	19	15:09	43.4
□□	0:19	4	0:02	11.8	50:22	19	15:08	43.0