



Rīgas kausi / Riga Cup 2015

Riga / 18.04.2015

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Tihane, Aivar

□□: Auseklis IK

□□□: 52:32

□□□□: 9:42 min/km

□□: 5.41 km / 26 □□

□□□□:

Men 35-

□□□□□: 22(of 33)

□□□□□□□: 35:14

□□: 17:18

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□□	□□ □□	□□ -	□□ -	□□ %	□□□ □□	□□ -	□□ -	□□ %
1 (81)	2:08	18	0:27	26.7	2:08	18	0:27	26.7
2 (82)	0:47	19	0:15	46.9	2:55	14	0:38	27.7
3 (83)	6:11	32	3:57	176.9	9:06	27	4:09	83.8
4 (84)	3:28	31	2:33	278.2	12:34	28	6:35	110.0
5 (85)	1:27	12	0:25	40.3	14:01	27	6:50	95.1
6 (86)	1:50	21	0:48	77.4	15:51	24	7:33	91.0
7 (87)	1:45	25	0:43	69.4	17:36	24	8:12	87.2
8 (88)	2:57	22	1:01	52.6	20:33	23	8:54	76.4
9 (89)	1:52	15	0:28	33.3	22:25	23	9:17	70.7
10 (90)	2:08	21	0:21	19.6	24:33	22	9:32	63.5
11 (91)	5:58	31	3:34	148.6	30:31	25	12:46	71.9
12 (92)	2:10	28	0:59	83.1	32:41	24	13:38	71.6
13 (93)	1:33	17	0:25	36.8	34:14	24	13:48	67.5
14 (94)	1:26	10	0:20	30.3	35:40	23	13:57	64.2
15 (95)	1:29	13	0:32	56.1	37:09	23	14:13	62.0
16 (96)	1:44	15	0:23	28.4	38:53	23	14:04	56.7
17 (97)	1:27	10	0:16	22.5	40:20	22	14:18	54.9
18 (98)	0:50	12	0:07	16.3	41:10	21	14:19	53.3
19 (99)	0:47	12	0:09	23.7	41:57	21	14:21	52.0
20 (101)	2:20	11	0:20	16.7	44:17	21	14:32	48.9
21 (78)	0:54	17	0:11	25.6	45:11	21	14:38	47.9
22 (53)	0:37	7	0:03	8.8	45:48	21	14:39	47.0
23 (102)	1:04	10	0:15	30.6	46:52	20	14:47	46.1
24 (103)	3:28	30	2:10	166.7	50:20	22	16:44	49.8
25 (104)	1:14	30	0:28	60.9	51:34	22	17:10	49.9
26 (100)	0:37	26	0:12	48.0	52:11	22	17:17	49.5
□□	0:21	14	0:04	23.5	52:32	22	17:18	49.1