



# Rīgas kausi / Riga Cup 2015

Riga / 18.04.2015

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Vilks, Kristaps

□□: Ind.

□□□: 56:31

□□□□: 10:26 min/km

□□: 5.41 km / 26 □□

□□□□:

Men 35-

□□□□□: 23(of 33)

□□□□□□: 35:14

□□: 21:17

□□□□

□□	□□ □□	□□ -	□□ -	□□ %	□□□ □□	□□ -	□□ -	□□ %
1 (81)	2:20	22	0:39	38.6	2:20	22	0:39	38.6
2 (82)	0:38	8	0:06	18.8	2:58	17	0:41	29.9
3 (83)	3:35	17	1:21	60.5	6:33	15	1:36	32.3
4 (84)	1:16	18	0:21	38.2	7:49	14	1:50	30.6
5 (85)	1:59	24	0:57	91.9	9:48	11	2:37	36.4
6 (86)	2:13	25	1:11	114.5	12:01	13	3:43	44.8
7 (87)	1:28	20	0:26	41.9	13:29	13	4:05	43.4
8 (88)	2:49	20	0:53	45.7	16:18	16	4:39	39.9
9 (89)	2:23	28	0:59	70.2	18:41	15	5:33	42.3
10 (90)	2:41	27	0:54	50.5	21:22	16	6:21	42.3
11 (91)	5:03	29	2:39	110.4	26:25	20	8:40	48.8
12 (92)	6:37	33	5:26	459.2	33:02	25	13:59	73.4
13 (93)	1:43	23	0:35	51.5	34:45	25	14:19	70.1
14 (94)	3:57	30	2:51	259.1	38:42	24	16:59	78.2
15 (95)	1:46	20	0:49	86.0	40:28	26	17:32	76.5
16 (96)	1:55	22	0:34	42.0	42:23	25	17:34	70.8
17 (97)	2:14	27	1:03	88.7	44:37	23	18:35	71.4
18 (98)	0:51	13	0:08	18.6	45:28	23	18:37	69.3
19 (99)	0:56	25	0:18	47.4	46:24	23	18:48	68.1
20 (101)	3:32	30	1:32	76.7	49:56	23	20:11	67.8
21 (78)	0:52	11	0:09	20.9	50:48	23	20:15	66.3
22 (53)	0:46	25	0:12	35.3	51:34	24	20:25	65.5
23 (102)	1:12	23	0:23	46.9	52:46	24	20:41	64.5
24 (103)	1:46	11	0:28	35.9	54:32	23	20:56	62.3
25 (104)	1:02	23	0:16	34.8	55:34	23	21:10	61.5
26 (100)	0:35	22	0:10	40.0	56:09	23	21:15	60.9
□□	0:22	20	0:05	29.4	56:31	23	21:17	60.4