



Rīgas kausi / Riga Cup 2015

Riga / 18.04.2015

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Ivanov, Konstantin

□□: Uzao Team

□□□: 1:25:16

□□□□: 15:45 min/km

□□: 5.41 km / 26 □□

□□□□:

Men 35-

□□□□□: 31(of 33)

□□□□□□: 35:14

□□: 50:02

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□□	□□ □□	□□ -	□□ -	□□ %	□□□ □□	□□ -	□□ -	□□ %
1 (81)	10:01	32	8:20	495.1	10:01	32	8:20	495.1
2 (82)	0:44	16	0:12	37.5	10:45	32	8:28	370.8
3 (83)	3:51	20	1:37	72.4	14:36	32	9:39	195.0
4 (84)	14:11	33	13:16	1,447.3	28:47	33	22:48	381.1
5 (85)	1:53	23	0:51	82.3	30:40	33	23:29	326.9
6 (86)	1:35	16	0:33	53.2	32:15	32	23:57	288.6
7 (87)	1:56	26	0:54	87.1	34:11	32	24:47	263.7
8 (88)	3:24	25	1:28	75.9	37:35	33	25:56	222.6
9 (89)	2:19	26	0:55	65.5	39:54	33	26:46	203.8
10 (90)	3:23	30	1:36	89.7	43:17	33	28:16	188.2
11 (91)	14:11	33	11:47	491.0	57:28	33	39:43	223.8
12 (92)	2:44	30	1:33	131.0	1:00:12	33	41:09	216.0
13 (93)	1:45	24	0:37	54.4	1:01:57	33	41:31	203.2
14 (94)	1:54	21	0:48	72.7	1:03:51	33	42:08	194.0
15 (95)	1:59	25	1:02	108.8	1:05:50	33	42:54	187.1
16 (96)	3:13	31	1:52	138.3	1:09:03	33	44:14	178.2
17 (97)	2:14	27	1:03	88.7	1:11:17	32	45:15	173.8
18 (98)	1:15	31	0:32	74.4	1:12:32	32	45:41	170.1
19 (99)	1:04	30	0:26	68.4	1:13:36	32	46:00	166.7
20 (101)	3:24	29	1:24	70.0	1:17:00	32	47:15	158.8
21 (78)	1:11	31	0:28	65.1	1:18:11	32	47:38	155.9
22 (53)	0:54	31	0:20	58.8	1:19:05	32	47:56	153.9
23 (102)	1:29	29	0:40	81.6	1:20:34	32	48:29	151.1
24 (103)	2:48	26	1:30	115.4	1:23:22	32	49:46	148.1
25 (104)	0:58	18	0:12	26.1	1:24:20	32	49:56	145.2
26 (100)	0:37	26	0:12	48.0	1:24:57	31	50:03	143.4
□□	0:19	4	0:02	11.8	1:25:16	31	50:02	142.0