



Rīgas kausi / Riga Cup 2015

Riga / 18.04.2015

□□□□

Ivanov, Konstantin

□□: Uzao Team

□□□: 1:25:16

□□□□: 15:45 min/km

□□: 5.41 km / 26 □□

□□□□:

Men 35-

□□□□□: 31(of 33)

□□□□□□: 35:14

□□: 50:02

□□□□

| □□ | □□ □□ | □□ - | □□ - | □□ % | □□□ □□ | □□ - | □□ - | □□ % |
|----------|----------|---------|---------|---------|-----------|---------|---------|---------|
| 1 (81) | 10:01 | 32 | 8:20 | 495.1 | 10:01 | 32 | 8:20 | 495.1 |
| 2 (82) | 0:44 | 16 | 0:12 | 37.5 | 10:45 | 32 | 8:28 | 370.8 |
| 3 (83) | 3:51 | 20 | 1:37 | 72.4 | 14:36 | 32 | 9:39 | 195.0 |
| 4 (84) | 14:11 | 33 | 13:16 | 1,447.3 | 28:47 | 33 | 22:48 | 381.1 |
| 5 (85) | 1:53 | 23 | 0:51 | 82.3 | 30:40 | 33 | 23:29 | 326.9 |
| 6 (86) | 1:35 | 16 | 0:33 | 53.2 | 32:15 | 32 | 23:57 | 288.6 |
| 7 (87) | 1:56 | 26 | 0:54 | 87.1 | 34:11 | 32 | 24:47 | 263.7 |
| 8 (88) | 3:24 | 25 | 1:28 | 75.9 | 37:35 | 33 | 25:56 | 222.6 |
| 9 (89) | 2:19 | 26 | 0:55 | 65.5 | 39:54 | 33 | 26:46 | 203.8 |
| 10 (90) | 3:23 | 30 | 1:36 | 89.7 | 43:17 | 33 | 28:16 | 188.2 |
| 11 (91) | 14:11 | 33 | 11:47 | 491.0 | 57:28 | 33 | 39:43 | 223.8 |
| 12 (92) | 2:44 | 30 | 1:33 | 131.0 | 1:00:12 | 33 | 41:09 | 216.0 |
| 13 (93) | 1:45 | 24 | 0:37 | 54.4 | 1:01:57 | 33 | 41:31 | 203.2 |
| 14 (94) | 1:54 | 21 | 0:48 | 72.7 | 1:03:51 | 33 | 42:08 | 194.0 |
| 15 (95) | 1:59 | 25 | 1:02 | 108.8 | 1:05:50 | 33 | 42:54 | 187.1 |
| 16 (96) | 3:13 | 31 | 1:52 | 138.3 | 1:09:03 | 33 | 44:14 | 178.2 |
| 17 (97) | 2:14 | 27 | 1:03 | 88.7 | 1:11:17 | 32 | 45:15 | 173.8 |
| 18 (98) | 1:15 | 31 | 0:32 | 74.4 | 1:12:32 | 32 | 45:41 | 170.1 |
| 19 (99) | 1:04 | 30 | 0:26 | 68.4 | 1:13:36 | 32 | 46:00 | 166.7 |
| 20 (101) | 3:24 | 29 | 1:24 | 70.0 | 1:17:00 | 32 | 47:15 | 158.8 |
| 21 (78) | 1:11 | 31 | 0:28 | 65.1 | 1:18:11 | 32 | 47:38 | 155.9 |
| 22 (53) | 0:54 | 31 | 0:20 | 58.8 | 1:19:05 | 32 | 47:56 | 153.9 |
| 23 (102) | 1:29 | 29 | 0:40 | 81.6 | 1:20:34 | 32 | 48:29 | 151.1 |
| 24 (103) | 2:48 | 26 | 1:30 | 115.4 | 1:23:22 | 32 | 49:46 | 148.1 |
| 25 (104) | 0:58 | 18 | 0:12 | 26.1 | 1:24:20 | 32 | 49:56 | 145.2 |
| 26 (100) | 0:37 | 26 | 0:12 | 48.0 | 1:24:57 | 31 | 50:03 | 143.4 |
| □□ | 0:19 | 4 | 0:02 | 11.8 | 1:25:16 | 31 | 50:02 | 142.0 |