



Rīgas kausi / Riga Cup 2015

Riga / 18.04.2015

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Lapiņa, Laura Elīza

□□: Auseklis IK

□□□: 35:46

□□□□: 9:44 min/km

□□: 3.67 km / 18 □□

□□□□:

Women -16

□□□□□: 2(of 19)

□□□□□□□: 32:21

□□: 3:25

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	□□	-	-	%	□□	-	-	%
1 (127)	2:37	1	-	-	2:37	1	-	-
2 (87)	2:30	4	0:09	6.4	5:07	2	0:05	1.7
3 (108)	2:39	8	1:14	87.1	7:46	3	0:51	12.3
4 (124)	4:28	11	3:01	208.1	12:14	5	3:52	46.2
5 (88)	0:58	3	0:12	26.1	13:12	5	4:04	44.5
6 (84)	0:52	1	-	-	14:04	5	3:05	28.1
7 (129)	1:16	1	-	-	15:20	3	3:03	24.8
8 (113)	5:43	6	1:08	24.7	21:03	4	3:48	22.0
9 (92)	1:23	4	0:15	22.1	22:26	3	4:03	22.0
10 (117)	2:39	4	0:19	13.6	25:05	2	4:17	20.6
11 (97)	0:47	6	0:12	34.3	25:52	2	3:51	17.5
12 (99)	1:08	1	-	-	27:00	2	3:46	16.2
13 (101)	2:47	1	-	-	29:47	2	3:45	14.4
14 (128)	1:49	14	1:10	179.5	31:36	2	4:52	18.2
15 (53)	1:11	13	0:17	31.5	32:47	2	5:09	18.6
16 (120)	1:19	2	0:17	27.4	34:06	2	3:33	11.6
17 (104)	0:44	1	-	-	34:50	2	3:29	11.1
18 (100)	0:34	2	0:02	6.3	35:24	2	3:26	10.7
□□	0:22	7	0:03	15.8	35:46	2	3:25	10.6