



Rīgas kausi / Riga Cup 2015

Riga / 18.04.2015

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Salavs, Dzintars

□□: Ozons

□□□: 38:42

□□□□: 7:13 min/km

□□: 5.36 km / 24 □□

□□□□:

Men 40-

□□□□□: 16(of 47)

□□□□□□: 30:19

□□: 8:23

□□□□

□□	□□ □□	□□ -	□□ -	□□ %	□□□ □□	□□ -	□□ -	□□ %
1 (105)	1:53	11	0:22	24.2	1:53	11	0:22	24.2
2 (130)	0:36	25	0:14	63.6	2:29	13	0:29	24.2
3 (81)	2:15	30	0:51	60.7	4:44	22	1:19	38.5
4 (134)	0:58	8	0:07	13.7	5:42	17	1:26	33.6
5 (107)	2:46	24	0:44	36.1	8:28	17	2:04	32.3
6 (88)	2:19	28	1:00	76.0	10:47	19	3:04	39.7
7 (111)	0:51	3	0:03	6.3	11:38	18	3:06	36.3
8 (108)	1:48	9	0:16	17.4	13:26	13	3:22	33.4
9 (129)	0:53	24	0:10	23.3	14:19	13	3:32	32.8
10 (91)	4:17	30	1:28	52.1	18:36	18	4:56	36.1
11 (94)	0:56	21	0:14	33.3	19:32	17	4:47	32.4
12 (112)	1:17	12	0:11	16.7	20:49	16	4:58	31.3
13 (90)	1:22	37	0:33	67.4	22:11	18	5:27	32.6
14 (125)	0:37	16	0:10	37.0	22:48	17	5:31	31.9
15 (92)	3:31	23	0:47	28.7	26:19	18	6:01	29.6
16 (133)	2:43	31	1:07	69.8	29:02	18	7:06	32.4
17 (117)	1:01	4	0:05	8.9	30:03	17	7:05	30.8
18 (98)	0:42	5	0:02	5.0	30:45	17	7:07	30.1
19 (128)	2:47	10	0:17	11.3	33:32	16	7:21	28.1
20 (78)	0:18	7	0:02	12.5	33:50	16	7:22	27.8
21 (53)	0:43	24	0:10	30.3	34:33	16	7:32	27.9
22 (121)	1:31	24	0:23	33.8	36:04	16	7:53	28.0
23 (104)	1:38	22	0:18	22.5	37:42	16	8:11	27.7
24 (100)	0:37	33	0:12	48.0	38:19	16	8:20	27.8
□□	0:23	26	0:05	27.8	38:42	16	8:23	27.7