



Rīgas kausi / Riga Cup 2015

Riga / 18.04.2015

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Pikurs, Guntis

□□: CPSS/Meridiāns/Pārgauja

□□□: 42:03

□□□□: 7:50 min/km

□□: 5.36 km / 24 □□

□□□□:

Men 40-

□□□□□: 23(of 47)

□□□□□□: 30:19

□□: 11:44

□□□□

□□	□□ □□	□□ -	□□ -	□□ %	□□□ □□	□□ -	□□ -	□□ %
1 (105)	2:46	36	1:15	82.4	2:46	36	1:15	82.4
2 (130)	0:38	32	0:16	72.7	3:24	37	1:24	70.0
3 (81)	2:47	35	1:23	98.8	6:11	32	2:46	81.0
4 (134)	2:24	44	1:33	182.4	8:35	34	4:19	101.2
5 (107)	2:42	20	0:40	32.8	11:17	32	4:53	76.3
6 (88)	2:06	27	0:47	59.5	13:23	31	5:40	73.4
7 (111)	1:54	43	1:06	137.5	15:17	31	6:45	79.1
8 (108)	2:11	22	0:39	42.4	17:28	30	7:24	73.5
9 (129)	0:59	32	0:16	37.2	18:27	30	7:40	71.1
10 (91)	4:36	35	1:47	63.3	23:03	33	9:23	68.7
11 (94)	0:55	18	0:13	31.0	23:58	33	9:13	62.5
12 (112)	1:17	12	0:11	16.7	25:15	31	9:24	59.3
13 (90)	1:08	18	0:19	38.8	26:23	32	9:39	57.7
14 (125)	0:37	16	0:10	37.0	27:00	31	9:43	56.2
15 (92)	3:05	7	0:21	12.8	30:05	28	9:47	48.2
16 (133)	2:08	17	0:32	33.3	32:13	27	10:17	46.9
17 (117)	1:11	17	0:15	26.8	33:24	26	10:26	45.4
18 (98)	0:46	13	0:06	15.0	34:10	26	10:32	44.6
19 (128)	2:53	13	0:23	15.3	37:03	24	10:52	41.5
20 (78)	0:21	29	0:05	31.3	37:24	24	10:56	41.3
21 (53)	0:45	30	0:12	36.4	38:09	24	11:08	41.2
22 (121)	1:30	21	0:22	32.4	39:39	23	11:28	40.7
23 (104)	1:37	18	0:17	21.3	41:16	23	11:45	39.8
24 (100)	0:28	5	0:03	12.0	41:44	23	11:45	39.2
□□	0:19	8	0:01	5.6	42:03	23	11:44	38.7