



Rīgas kausi / Riga Cup 2015

Riga / 18.04.2015

□□□□

Indāns, Mareks

□□: Ogre OK/SC

□□□: 43:35

□□□□: 8:07 min/km

□□: 5.36 km / 24 □□

□□□□:

Men 40-

□□□□□: 27(of 47)

□□□□□□: 30:19

□□: 13:16

□□□□

□□	□□ □□	□□ -	□□ -	□□ %	□□□ □□	□□ -	□□ -	□□ %
1 (105)	2:02	22	0:31	34.1	2:02	22	0:31	34.1
2 (130)	0:41	35	0:19	86.4	2:43	20	0:43	35.8
3 (81)	4:50	41	3:26	245.2	7:33	38	4:08	121.0
4 (134)	1:23	36	0:32	62.8	8:56	37	4:40	109.4
5 (107)	2:39	18	0:37	30.3	11:35	33	5:11	81.0
6 (88)	1:33	11	0:14	17.7	13:08	30	5:25	70.2
7 (111)	1:04	26	0:16	33.3	14:12	30	5:40	66.4
8 (108)	2:39	27	1:07	72.8	16:51	28	6:47	67.4
9 (129)	0:54	25	0:11	25.6	17:45	28	6:58	64.6
10 (91)	4:35	34	1:46	62.7	22:20	31	8:40	63.4
11 (94)	0:54	16	0:12	28.6	23:14	31	8:29	57.5
12 (112)	1:25	24	0:19	28.8	24:39	29	8:48	55.5
13 (90)	1:09	20	0:20	40.8	25:48	29	9:04	54.2
14 (125)	0:37	16	0:10	37.0	26:25	29	9:08	52.8
15 (92)	3:57	35	1:13	44.5	30:22	29	10:04	49.6
16 (133)	2:05	15	0:29	30.2	32:27	28	10:31	48.0
17 (117)	1:23	31	0:27	48.2	33:50	28	10:52	47.3
18 (98)	0:54	29	0:14	35.0	34:44	28	11:06	47.0
19 (128)	3:24	26	0:54	36.0	38:08	28	11:57	45.6
20 (78)	0:24	39	0:08	50.0	38:32	28	12:04	45.6
21 (53)	0:44	26	0:11	33.3	39:16	28	12:15	45.3
22 (121)	1:31	24	0:23	33.8	40:47	27	12:36	44.7
23 (104)	1:45	32	0:25	31.3	42:32	27	13:01	44.1
24 (100)	0:40	42	0:15	60.0	43:12	27	13:13	44.1
□□	0:23	26	0:05	27.8	43:35	27	13:16	43.8