



Rīgas kausi / Riga Cup 2015

Riga / 18.04.2015

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Kaminskis, Valters

□□: CPSS/Meridiāns/Pārgauja

□□□: 37:00

□□□□: 6:54 min/km

□□: 5.36 km / 24 □□

□□□□:

Men 45-

□□□□□: 3(of 38)

□□□□□□: 32:38

□□: 4:22

□□□□

□□	□□ □□	□□ -	□□ -	□□ %	□□□ □□	□□ -	□□ -	□□ %
1 (105)	1:43	2	0:02	2.0	1:43	2	0:02	2.0
2 (130)	0:33	11	0:09	37.5	2:16	2	0:01	0.7
3 (81)	1:52	8	0:24	27.3	4:08	5	0:25	11.2
4 (134)	0:55	3	0:02	3.8	5:03	3	0:26	9.4
5 (107)	2:35	5	0:22	16.5	7:38	4	0:23	5.3
6 (88)	1:32	4	0:10	12.2	9:10	3	0:15	2.8
7 (111)	0:56	3	0:02	3.7	10:06	2	0:07	1.2
8 (108)	2:05	8	0:27	27.6	12:11	2	0:34	4.9
9 (129)	0:48	2	0:01	2.1	12:59	2	0:29	3.9
10 (91)	4:39	20	1:44	59.4	17:38	4	2:03	13.2
11 (94)	0:46	1	-	-	18:24	4	1:56	11.7
12 (112)	2:08	32	0:54	73.0	20:32	5	2:50	16.0
13 (90)	0:53	1	-	-	21:25	5	2:43	14.5
14 (125)	0:47	22	0:17	56.7	22:12	5	3:00	15.6
15 (92)	3:04	3	0:11	6.4	25:16	5	3:11	14.4
16 (133)	1:59	3	0:13	12.3	27:15	4	3:24	14.3
17 (117)	1:12	10	0:11	18.0	28:27	4	3:35	14.4
18 (98)	0:43	2	0:03	7.5	29:10	4	3:38	14.2
19 (128)	2:59	8	0:13	7.8	32:09	4	3:41	12.9
20 (78)	0:19	8	0:05	35.7	32:28	4	3:44	13.0
21 (53)	0:46	22	0:10	27.8	33:14	4	3:53	13.2
22 (121)	1:25	8	0:15	21.4	34:39	3	4:08	13.5
23 (104)	1:32	3	0:13	16.5	36:11	3	4:21	13.7
24 (100)	0:31	4	0:04	14.8	36:42	3	4:25	13.7
□□	0:18	1	-	-	37:00	3	4:22	13.4