



# Rīgas kausi / Riga Cup 2015

Riga / 18.04.2015

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Ozols, Uģis

□□: Latvijas Finieris

□□□: 46:29

□□□□: 8:40 min/km

□□: 5.36 km / 24 □□

□□□□:

Men 45-

□□□□□: 12(of 38)

□□□□□□: 32:38

□□: 13:51

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□□	□□ □□	□□ -	□□ -	□□ %	□□□ □□	□□ -	□□ -	□□ %
1 (105)	2:02	12	0:21	20.8	2:02	12	0:21	20.8
2 (130)	0:39	18	0:15	62.5	2:41	12	0:26	19.3
3 (81)	1:57	14	0:29	33.0	4:38	9	0:55	24.7
4 (134)	1:25	15	0:32	60.4	6:03	8	1:26	31.1
5 (107)	7:11	28	4:58	224.1	13:14	22	5:59	82.5
6 (88)	1:38	8	0:16	19.5	14:52	20	5:57	66.7
7 (111)	1:12	16	0:18	33.3	16:04	19	6:05	60.9
8 (108)	2:34	20	0:56	57.1	18:38	16	7:01	60.4
9 (129)	1:02	19	0:15	31.9	19:40	16	7:10	57.3
10 (91)	4:12	15	1:17	44.0	23:52	16	8:17	53.2
11 (94)	1:09	24	0:23	50.0	25:01	17	8:33	51.9
12 (112)	1:34	19	0:20	27.0	26:35	17	8:53	50.2
13 (90)	1:17	21	0:24	45.3	27:52	17	9:10	49.0
14 (125)	0:45	19	0:15	50.0	28:37	17	9:25	49.1
15 (92)	4:12	20	1:19	45.7	32:49	15	10:44	48.6
16 (133)	2:26	19	0:40	37.7	35:15	14	11:24	47.8
17 (117)	1:10	9	0:09	14.8	36:25	14	11:33	46.5
18 (98)	0:52	14	0:12	30.0	37:17	13	11:45	46.0
19 (128)	3:15	13	0:29	17.5	40:32	13	12:04	42.4
20 (78)	0:18	5	0:04	28.6	40:50	13	12:06	42.1
21 (53)	0:44	16	0:08	22.2	41:34	12	12:13	41.6
22 (121)	1:43	23	0:33	47.1	43:17	12	12:46	41.8
23 (104)	2:03	24	0:44	55.7	45:20	12	13:30	42.4
24 (100)	0:45	30	0:18	66.7	46:05	12	13:48	42.8
□□	0:24	14	0:06	33.3	46:29	12	13:51	42.4