



# Rīgas kausi / Riga Cup 2015

Riga / 18.04.2015

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Smirnova, Kristina

□□: Belie Nochi

□□□: 46:20

□□□□: 12:37 min/km

□□: 3.67 km / 18 □□

□□□□:

Women -16

□□□□□: 8(of 19)

□□□□□□: 32:21

□□: 13:59

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□□	□□ □□	□□ -	□□ -	□□ %	□□□ □□	□□ -	□□ -	□□ %
1 (127)	4:51	12	2:14	85.4	4:51	12	2:14	85.4
2 (87)	3:17	6	0:56	39.7	8:08	7	3:06	61.6
3 (108)	1:34	2	0:09	10.6	9:42	5	2:47	40.2
4 (124)	1:45	2	0:18	20.7	11:27	4	3:05	36.9
5 (88)	1:02	5	0:16	34.8	12:29	3	3:21	36.7
6 (84)	1:29	9	0:37	71.2	13:58	4	2:59	27.2
7 (129)	5:23	18	4:07	325.0	19:21	6	7:04	57.5
8 (113)	10:41	15	6:06	133.1	30:02	8	12:47	74.1
9 (92)	1:52	8	0:44	64.7	31:54	8	13:31	73.5
10 (117)	2:57	6	0:37	26.4	34:51	8	14:03	67.6
11 (97)	1:17	14	0:42	120.0	36:08	8	14:07	64.1
12 (99)	1:08	1	-	-	37:16	8	14:02	60.4
13 (101)	2:48	2	0:01	0.6	40:04	8	14:02	53.9
14 (128)	0:39	1	-	-	40:43	8	13:59	52.3
15 (53)	0:58	5	0:04	7.4	41:41	8	14:03	50.8
16 (120)	2:54	15	1:52	180.7	44:35	8	14:02	45.9
17 (104)	0:44	1	-	-	45:19	8	13:58	44.6
18 (100)	0:38	6	0:06	18.8	45:57	8	13:59	43.7
□□	0:23	8	0:04	21.1	46:20	8	13:59	43.2