



Rīgas kausi / Riga Cup 2015

Riga / 18.04.2015

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Beitāns, Kaspars

□□: Dopings.lv

□□□: 48:41

□□□□: 9:04 min/km

□□: 5.36 km / 24 □□

□□□□:

Men 45-

□□□□□: 16(of 38)

□□□□□□□: 32:38

□□: 16:03

□□□□

□□	□□ □□	□□ -	□□ -	□□ %	□□□ □□	□□ -	□□ -	□□ %
1 (105)	1:51	7	0:10	9.9	1:51	7	0:10	9.9
2 (130)	0:33	11	0:09	37.5	2:24	6	0:09	6.7
3 (81)	1:43	4	0:15	17.1	4:07	4	0:24	10.8
4 (134)	1:17	13	0:24	45.3	5:24	6	0:47	17.0
5 (107)	4:04	20	1:51	83.5	9:28	9	2:13	30.6
6 (88)	1:33	6	0:11	13.4	11:01	8	2:06	23.6
7 (111)	1:53	28	0:59	109.3	12:54	10	2:55	29.2
8 (108)	3:16	23	1:38	100.0	16:10	12	4:33	39.2
9 (129)	0:58	12	0:11	23.4	17:08	11	4:38	37.1
10 (91)	3:02	2	0:07	4.0	20:10	9	4:35	29.4
11 (94)	0:57	13	0:11	23.9	21:07	9	4:39	28.2
12 (112)	1:54	30	0:40	54.1	23:01	9	5:19	30.0
13 (90)	1:10	15	0:17	32.1	24:11	9	5:29	29.3
14 (125)	0:38	8	0:08	26.7	24:49	9	5:37	29.3
15 (92)	8:45	34	5:52	203.5	33:34	17	11:29	52.0
16 (133)	5:32	33	3:46	213.2	39:06	19	15:15	63.9
17 (117)	1:06	7	0:05	8.2	40:12	19	15:20	61.7
18 (98)	0:48	7	0:08	20.0	41:00	19	15:28	60.6
19 (128)	2:52	3	0:06	3.6	43:52	18	15:24	54.1
20 (78)	0:20	14	0:06	42.9	44:12	18	15:28	53.8
21 (53)	0:36	1	-	-	44:48	18	15:27	52.6
22 (121)	1:20	5	0:10	14.3	46:08	18	15:37	51.2
23 (104)	1:39	10	0:20	25.3	47:47	17	15:57	50.1
24 (100)	0:30	3	0:03	11.1	48:17	17	16:00	49.6
□□	0:24	14	0:06	33.3	48:41	16	16:03	49.2