



Rīgas kausi / Riga Cup 2015

Riga / 18.04.2015

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Reinsons, Raivis

□□: Auseklis IK

□□□: 48:43

□□□□: 9:05 min/km

□□: 5.36 km / 24 □□

□□□□:
Men 45-

□□□□□: 17(of 38)

□□□□□□: 32:38

□□: 16:05

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□□	□□ □□	□□ -	□□ -	□□ %	□□□ □□	□□ -	□□ -	□□ %
1 (105)	2:22	15	0:41	40.6	2:22	15	0:41	40.6
2 (130)	0:38	17	0:14	58.3	3:00	13	0:45	33.3
3 (81)	1:56	12	0:28	31.8	4:56	10	1:13	32.7
4 (134)	1:11	10	0:18	34.0	6:07	9	1:30	32.5
5 (107)	3:14	15	1:01	45.9	9:21	8	2:06	29.0
6 (88)	2:57	29	1:35	115.9	12:18	14	3:23	37.9
7 (111)	1:09	13	0:15	27.8	13:27	13	3:28	34.7
8 (108)	2:22	17	0:44	44.9	15:49	11	4:12	36.2
9 (129)	2:32	32	1:45	223.4	18:21	14	5:51	46.8
10 (91)	7:14	33	4:19	148.0	25:35	18	10:00	64.2
11 (94)	1:26	32	0:40	87.0	27:01	18	10:33	64.1
12 (112)	1:27	13	0:13	17.6	28:28	18	10:46	60.8
13 (90)	1:09	13	0:16	30.2	29:37	18	10:55	58.4
14 (125)	0:44	18	0:14	46.7	30:21	18	11:09	58.1
15 (92)	4:01	17	1:08	39.3	34:22	19	12:17	55.6
16 (133)	2:20	15	0:34	32.1	36:42	17	12:51	53.9
17 (117)	1:18	13	0:17	27.9	38:00	17	13:08	52.8
18 (98)	1:10	26	0:30	75.0	39:10	17	13:38	53.4
19 (128)	3:36	19	0:50	30.1	42:46	16	14:18	50.2
20 (78)	0:22	24	0:08	57.1	43:08	16	14:24	50.1
21 (53)	0:45	20	0:09	25.0	43:53	16	14:32	49.5
22 (121)	1:36	18	0:26	37.1	45:29	16	14:58	49.0
23 (104)	2:07	25	0:48	60.8	47:36	16	15:46	49.5
24 (100)	0:39	24	0:12	44.4	48:15	16	15:58	49.5
□□	0:28	30	0:10	55.6	48:43	17	16:05	49.3