



Rīgas kausi / Riga Cup 2015

Riga / 18.04.2015

□□□□

Viira, Andres

□□: Viimsi

□□□: 57:47

□□□□: 10:46 min/km

□□: 5.36 km / 24 □□

□□□□:

Men 45-

□□□□□: 26(of 38)

□□□□□□: 32:38

□□: 25:09

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□□	□□ □□	□□ -	□□ -	□□ %	□□□ □□	□□ -	□□ -	□□ %
1 (105)	4:14	28	2:33	151.5	4:14	28	2:33	151.5
2 (130)	0:28	4	0:04	16.7	4:42	28	2:27	108.9
3 (81)	2:01	15	0:33	37.5	6:43	24	3:00	80.7
4 (134)	1:26	16	0:33	62.3	8:09	22	3:32	76.5
5 (107)	5:32	24	3:19	149.6	13:41	23	6:26	88.7
6 (88)	2:02	19	0:40	48.8	15:43	22	6:48	76.3
7 (111)	1:17	20	0:23	42.6	17:00	21	7:01	70.3
8 (108)	5:57	30	4:19	264.3	22:57	23	11:20	97.6
9 (129)	1:11	27	0:24	51.1	24:08	23	11:38	93.1
10 (91)	4:24	18	1:29	50.9	28:32	23	12:57	83.1
11 (94)	1:18	28	0:32	69.6	29:50	23	13:22	81.2
12 (112)	1:46	26	0:32	43.2	31:36	23	13:54	78.5
13 (90)	1:43	31	0:50	94.3	33:19	23	14:37	78.2
14 (125)	0:45	19	0:15	50.0	34:04	23	14:52	77.4
15 (92)	4:52	27	1:59	68.8	38:56	24	16:51	76.3
16 (133)	4:52	30	3:06	175.5	43:48	26	19:57	83.7
17 (117)	1:45	25	0:44	72.1	45:33	25	20:41	83.2
18 (98)	1:03	25	0:23	57.5	46:36	25	21:04	82.5
19 (128)	5:13	31	2:27	88.6	51:49	26	23:21	82.0
20 (78)	0:29	31	0:15	107.1	52:18	26	23:34	82.0
21 (53)	0:58	31	0:22	61.1	53:16	26	23:55	81.5
22 (121)	1:35	16	0:25	35.7	54:51	26	24:20	79.7
23 (104)	1:52	17	0:33	41.8	56:43	26	24:53	78.2
24 (100)	0:38	23	0:11	40.7	57:21	26	25:04	77.7
□□	0:26	22	0:08	44.4	57:47	26	25:09	77.1