



Rīgas kausi / Riga Cup 2015

Riga / 18.04.2015

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Alksne, Paula Līga

□□: Auseklis IK

□□□: 57:36

□□□□: 15:41 min/km

□□: 3.67 km / 18 □□

□□□□:

Women -16

□□□□□: 11(of 19)

□□□□□□□: 32:21

□□: 25:15

□□□□

□□	□□ □□	□□ -	□□ -	□□ %	□□□ □□	□□ -	□□ -	□□ %
1 (127)	5:51	14	3:14	123.6	5:51	14	3:14	123.6
2 (87)	9:31	17	7:10	305.0	15:22	16	10:20	205.3
3 (108)	3:06	9	1:41	118.8	18:28	13	11:33	167.0
4 (124)	2:00	4	0:33	37.9	20:28	9	12:06	144.6
5 (88)	1:12	8	0:26	56.5	21:40	9	12:32	137.2
6 (84)	3:03	16	2:11	251.9	24:43	10	13:44	125.0
7 (129)	2:00	10	0:44	57.9	26:43	10	14:26	117.5
8 (113)	12:25	18	7:50	170.9	39:08	13	21:53	126.9
9 (92)	1:32	5	0:24	35.3	40:40	13	22:17	121.2
10 (117)	3:06	7	0:46	32.9	43:46	12	22:58	110.4
11 (97)	1:56	15	1:21	231.4	45:42	12	23:41	107.6
12 (99)	2:24	14	1:16	111.8	48:06	11	24:52	107.0
13 (101)	3:45	11	0:58	34.7	51:51	11	25:49	99.2
14 (128)	0:59	10	0:20	51.3	52:50	11	26:06	97.6
15 (53)	1:01	7	0:07	13.0	53:51	11	26:13	94.9
16 (120)	1:28	6	0:26	41.9	55:19	11	24:46	81.1
17 (104)	1:10	16	0:26	59.1	56:29	11	25:08	80.2
18 (100)	0:46	15	0:14	43.8	57:15	11	25:17	79.1
□□	0:21	4	0:02	10.5	57:36	11	25:15	78.1