



Rīgas kausi / Riga Cup 2015

Riga / 18.04.2015

□□□□

Meļķerts, Andris

□□: Saldus OK

□□□: 38:10

□□□□: 7:38 min/km

□□: 4.99 km / 22 □□

□□□□:

Men 50-

□□□□□: 6(of 29)

□□□□□□: 32:54

□□: 5:16

□□□□

□□	□□ □□	□□ -	□□ -	□□ %	□□□ □□	□□ -	□□ -	□□ %
1 (127)	3:19	13	1:24	73.0	3:19	13	1:24	73.0
2 (106)	0:37	1	-	-	3:56	9	1:17	48.4
3 (108)	2:04	2	0:16	14.8	6:00	4	0:49	15.8
4 (124)	2:10	18	0:44	51.2	8:10	5	1:33	23.4
5 (110)	1:17	10	0:11	16.7	9:27	5	1:44	22.5
6 (129)	1:41	6	0:17	20.2	11:08	5	1:34	16.4
7 (89)	3:04	25	1:44	130.0	14:12	6	3:15	29.7
8 (125)	2:49	9	0:34	25.2	17:01	6	3:34	26.5
9 (113)	2:02	1	-	-	19:03	6	3:29	22.4
10 (91)	1:03	18	0:22	53.7	20:06	6	3:49	23.4
11 (112)	1:51	5	0:07	6.7	21:57	6	3:54	21.6
12 (88)	2:17	23	0:55	67.1	24:14	6	4:41	24.0
13 (96)	3:06	6	0:14	8.1	27:20	6	4:45	21.0
14 (98)	1:34	7	0:08	9.3	28:54	6	4:50	20.1
15 (118)	1:03	6	0:05	8.6	29:57	6	4:53	19.5
16 (101)	2:24	8	0:10	7.5	32:21	6	5:00	18.3
17 (78)	0:53	5	0:02	3.9	33:14	6	5:01	17.8
18 (53)	0:40	5	0:02	5.3	33:54	6	5:02	17.4
19 (126)	1:15	8	0:05	7.1	35:09	6	5:06	17.0
20 (103)	1:07	17	0:17	34.0	36:16	6	5:20	17.2
21 (122)	0:46	6	0:05	12.2	37:02	6	5:21	16.9
22 (100)	0:49	2	0:01	2.1	37:51	6	5:21	16.5
□□	0:19	1	-	-	38:10	6	5:16	16.0