



Rīgas kausi / Riga Cup 2015

Riga / 18.04.2015

□□□□

Kirill, Gorev

□□: Ind.

□□□: 40:34

□□□□: 8:07 min/km

□□: 4.99 km / 22 □□

□□□□:

Men 50-

□□□□□: 8(of 29)

□□□□□□: 32:54

□□: 7:40

□□□□

| □□ | □□ □□ | □□ - | □□ - | □□ % | □□□ □□ | □□ - | □□ - | □□ % |
|----------|----------|---------|---------|---------|-----------|---------|---------|---------|
| 1 (127) | 3:40 | 18 | 1:45 | 91.3 | 3:40 | 18 | 1:45 | 91.3 |
| 2 (106) | 0:53 | 9 | 0:16 | 43.2 | 4:33 | 15 | 1:54 | 71.7 |
| 3 (108) | 2:38 | 8 | 0:50 | 46.3 | 7:11 | 11 | 2:00 | 38.6 |
| 4 (124) | 3:21 | 24 | 1:55 | 133.7 | 10:32 | 14 | 3:55 | 59.2 |
| 5 (110) | 1:12 | 5 | 0:06 | 9.1 | 11:44 | 11 | 4:01 | 52.1 |
| 6 (129) | 1:54 | 9 | 0:30 | 35.7 | 13:38 | 10 | 4:04 | 42.5 |
| 7 (89) | 1:26 | 6 | 0:06 | 7.5 | 15:04 | 8 | 4:07 | 37.6 |
| 8 (125) | 2:46 | 6 | 0:31 | 23.0 | 17:50 | 8 | 4:23 | 32.6 |
| 9 (113) | 2:23 | 11 | 0:21 | 17.2 | 20:13 | 8 | 4:39 | 29.9 |
| 10 (91) | 1:00 | 16 | 0:19 | 46.3 | 21:13 | 8 | 4:56 | 30.3 |
| 11 (112) | 1:59 | 7 | 0:15 | 14.4 | 23:12 | 8 | 5:09 | 28.5 |
| 12 (88) | 2:10 | 22 | 0:48 | 58.5 | 25:22 | 7 | 5:49 | 29.8 |
| 13 (96) | 3:12 | 7 | 0:20 | 11.6 | 28:34 | 7 | 5:59 | 26.5 |
| 14 (98) | 1:44 | 10 | 0:18 | 20.9 | 30:18 | 8 | 6:14 | 25.9 |
| 15 (118) | 1:08 | 10 | 0:10 | 17.2 | 31:26 | 7 | 6:22 | 25.4 |
| 16 (101) | 2:17 | 4 | 0:03 | 2.2 | 33:43 | 7 | 6:22 | 23.3 |
| 17 (78) | 1:11 | 21 | 0:20 | 39.2 | 34:54 | 7 | 6:41 | 23.7 |
| 18 (53) | 0:49 | 15 | 0:11 | 29.0 | 35:43 | 8 | 6:51 | 23.7 |
| 19 (126) | 1:25 | 12 | 0:15 | 21.4 | 37:08 | 8 | 7:05 | 23.6 |
| 20 (103) | 1:22 | 22 | 0:32 | 64.0 | 38:30 | 8 | 7:34 | 24.5 |
| 21 (122) | 0:46 | 6 | 0:05 | 12.2 | 39:16 | 8 | 7:35 | 23.9 |
| 22 (100) | 0:56 | 10 | 0:08 | 16.7 | 40:12 | 8 | 7:42 | 23.7 |
| □□ | 0:22 | 4 | 0:03 | 15.8 | 40:34 | 8 | 7:40 | 23.3 |