



Rīgas kausi / Riga Cup 2015

Riga / 18.04.2015

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Baduna, Monika

□□: Madonas BJSS/OK Arona

□□□: 1:01:28

□□□□: 16:44 min/km

□□: 3.67 km / 18 □□

□□□□:

Women -16

□□□□□: 13(of 19)

□□□□□□□: 32:21

□□: 29:07

□□□□

□□	□□ □□	□□ -	□□ -	□□ %	□□□ □□	□□ -	□□ -	□□ %
1 (127)	2:56	4	0:19	12.1	2:56	4	0:19	12.1
2 (87)	3:26	7	1:05	46.1	6:22	4	1:20	26.5
3 (108)	7:49	13	6:24	451.8	14:11	9	7:16	105.1
4 (124)	6:38	12	5:11	357.5	20:49	10	12:27	148.8
5 (88)	1:39	16	0:53	115.2	22:28	10	13:20	146.0
6 (84)	2:11	14	1:19	151.9	24:39	9	13:40	124.4
7 (129)	1:56	9	0:40	52.6	26:35	9	14:18	116.4
8 (113)	9:33	14	4:58	108.4	36:08	10	18:53	109.5
9 (92)	2:26	16	1:18	114.7	38:34	10	20:11	109.8
10 (117)	3:57	13	1:37	69.3	42:31	10	21:43	104.4
11 (97)	0:43	3	0:08	22.9	43:14	10	21:13	96.4
12 (99)	5:53	18	4:45	419.1	49:07	13	25:53	111.4
13 (101)	3:53	12	1:06	39.5	53:00	13	26:58	103.6
14 (128)	4:05	18	3:26	528.2	57:05	13	30:21	113.5
15 (53)	1:04	10	0:10	18.5	58:09	13	30:31	110.4
16 (120)	1:21	4	0:19	30.7	59:30	13	28:57	94.8
17 (104)	0:55	10	0:11	25.0	1:00:25	13	29:04	92.7
18 (100)	0:40	10	0:08	25.0	1:01:05	13	29:07	91.1
□□	0:23	8	0:04	21.1	1:01:28	13	29:07	90.0