



Rīgas kausi / Riga Cup 2015

Riga / 18.04.2015

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Nikkari, Hillar

□□: SK Rocco Team

□□□: 1:30:59

□□□□: 18:13 min/km

□□: 4.99 km / 22 □□

□□□□:

Men 50-

□□□□□: 28(of 29)

□□□□□□: 32:54

□□: 58:05

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□□	□□ □□	□□ -	□□ -	□□ %	□□□ □□	□□ -	□□ -	□□ %
1 (127)	8:35	27	6:40	347.8	8:35	27	6:40	347.8
2 (106)	1:09	19	0:32	86.5	9:44	27	7:05	267.3
3 (108)	6:29	29	4:41	260.2	16:13	28	11:02	212.9
4 (124)	19:26	29	18:00	1,255.8	35:39	28	29:02	438.8
5 (110)	2:46	25	1:40	151.5	38:25	29	30:42	397.8
6 (129)	3:47	26	2:23	170.2	42:12	29	32:38	341.1
7 (89)	3:15	27	1:55	143.8	45:27	29	34:30	315.1
8 (125)	6:20	28	4:05	181.5	51:47	28	38:20	285.0
9 (113)	4:22	27	2:20	114.8	56:09	28	40:35	260.7
10 (91)	1:33	26	0:52	126.8	57:42	28	41:25	254.4
11 (112)	3:53	26	2:09	124.0	1:01:35	28	43:32	241.2
12 (88)	2:47	26	1:25	103.7	1:04:22	28	44:49	229.2
13 (96)	6:56	29	4:04	141.9	1:11:18	28	48:43	215.7
14 (98)	3:15	29	1:49	126.7	1:14:33	28	50:29	209.8
15 (118)	2:08	29	1:10	120.7	1:16:41	29	51:37	205.9
16 (101)	4:14	29	2:00	89.6	1:20:55	29	53:34	195.9
17 (78)	1:46	29	0:55	107.8	1:22:41	29	54:28	193.0
18 (53)	1:11	29	0:33	86.8	1:23:52	29	55:00	190.5
19 (126)	2:05	24	0:55	78.6	1:25:57	28	55:54	186.0
20 (103)	1:43	26	0:53	106.0	1:27:40	28	56:44	183.4
21 (122)	1:21	27	0:40	97.6	1:29:01	28	57:20	181.0
22 (100)	1:26	29	0:38	79.2	1:30:27	28	57:57	178.3
□□	0:32	27	0:13	68.4	1:30:59	28	58:05	176.6