



# Rīgas kausi / Riga Cup 2015

Riga / 18.04.2015

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**Jansons, Guntars**

□□: Burkānciems OK

□□□: 36:23

□□□□: 7:17 min/km

□□: 4.99 km / 22 □□

□□□□:

Men 55-

□□□□□: 1(of 23)

□□□□□□□: 36:23

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1 (127)	2:41	5	0:37	29.8	2:41	5	0:37	29.8
2 (106)	1:15	18	0:27	56.3	3:56	7	0:54	29.7
3 (108)	3:15	11	1:03	47.7	7:11	6	1:16	21.4
4 (124)	1:30	1	-	-	8:41	3	0:59	12.8
5 (110)	1:27	10	0:25	40.3	10:08	3	1:20	15.2
6 (129)	1:37	2	0:14	16.9	11:45	3	1:07	10.5
7 (89)	1:32	3	0:15	19.5	13:17	3	0:53	7.1
8 (125)	2:21	1	-	-	15:38	2	0:36	4.0
9 (113)	2:06	4	0:11	9.6	17:44	2	0:22	2.1
10 (91)	0:50	10	0:07	16.3	18:34	2	0:28	2.6
11 (112)	2:08	3	0:33	34.7	20:42	2	0:04	0.3
12 (88)	1:25	3	0:06	7.6	22:07	1	-	-
13 (96)	3:02	2	0:08	4.6	25:09	1	-	-
14 (98)	1:32	4	0:05	5.8	26:41	1	-	-
15 (118)	1:07	4	0:05	8.1	27:48	1	-	-
16 (101)	2:24	5	0:15	11.6	30:12	1	-	-
17 (78)	0:55	3	0:05	10.0	31:07	1	-	-
18 (53)	0:43	7	0:07	19.4	31:50	1	-	-
19 (126)	1:15	5	0:05	7.1	33:05	1	-	-
20 (103)	1:02	6	0:12	24.0	34:07	1	-	-
21 (122)	0:52	12	0:10	23.8	34:59	1	-	-
22 (100)	0:59	13	0:16	37.2	35:58	1	-	-
□□	0:25	7	0:04	19.1	36:23	1	-	-