



Rīgas kausi / Riga Cup 2015

Riga / 18.04.2015

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Mikšys, Eugenijus

□□: Šilalēs SM

□□□: 40:05

□□□□: 8:01 min/km

□□: 4.99 km / 22 □□

□□□□:

Men 55-

□□□□□: 6(of 23)

□□□□□□: 36:23

□□: 3:42

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□□	□□ □□	□□ -	□□ -	□□ %	□□□ □□	□□ -	□□ -	□□ %
1 (127)	2:58	11	0:54	43.6	2:58	11	0:54	43.6
2 (106)	1:10	13	0:22	45.8	4:08	10	1:06	36.3
3 (108)	3:36	13	1:24	63.6	7:44	11	1:49	30.7
4 (124)	1:47	5	0:17	18.9	9:31	6	1:49	23.6
5 (110)	1:21	5	0:19	30.7	10:52	6	2:04	23.5
6 (129)	1:56	14	0:33	39.8	12:48	6	2:10	20.4
7 (89)	1:56	15	0:39	50.7	14:44	6	2:20	18.8
8 (125)	2:34	5	0:13	9.2	17:18	6	2:16	15.1
9 (113)	2:17	5	0:22	19.1	19:35	5	2:13	12.8
10 (91)	0:55	13	0:12	27.9	20:30	5	2:24	13.3
11 (112)	2:18	9	0:43	45.3	22:48	6	2:10	10.5
12 (88)	2:00	17	0:41	51.9	24:48	6	2:41	12.1
13 (96)	3:09	4	0:15	8.6	27:57	6	2:48	11.1
14 (98)	1:30	2	0:03	3.5	29:27	5	2:46	10.4
15 (118)	1:47	20	0:45	72.6	31:14	5	3:26	12.4
16 (101)	2:32	8	0:23	17.8	33:46	5	3:34	11.8
17 (78)	1:01	9	0:11	22.0	34:47	5	3:40	11.8
18 (53)	0:42	4	0:06	16.7	35:29	5	3:39	11.5
19 (126)	1:20	9	0:10	14.3	36:49	5	3:44	11.3
20 (103)	1:04	8	0:14	28.0	37:53	6	3:46	11.0
21 (122)	0:50	5	0:08	19.1	38:43	6	3:44	10.7
22 (100)	0:57	12	0:14	32.6	39:40	6	3:42	10.3
□□	0:25	7	0:04	19.1	40:05	6	3:42	10.2