



# Rīgas kausi / Riga Cup 2015

Riga / 18.04.2015

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Solovev, Mikhail

□□: OK Kaliningrad

□□□: 48:29

□□□□: 9:42 min/km

□□: 4.99 km / 22 □□

□□□□:

Men 55-

□□□□□: 13(of 23)

□□□□□□: 36:23

□□: 12:06

□□□□

□□	□□ □□	□□ -	□□ -	□□ %	□□□ □□	□□ -	□□ -	□□ %
1 (127)	2:41	5	0:37	29.8	2:41	5	0:37	29.8
2 (106)	1:05	8	0:17	35.4	3:46	4	0:44	24.2
3 (108)	3:09	8	0:57	43.2	6:55	4	1:00	16.9
4 (124)	3:34	20	2:04	137.8	10:29	12	2:47	36.2
5 (110)	1:48	19	0:46	74.2	12:17	12	3:29	39.6
6 (129)	2:01	16	0:38	45.8	14:18	12	3:40	34.5
7 (89)	1:49	14	0:32	41.6	16:07	12	3:43	30.0
8 (125)	2:49	11	0:28	19.9	18:56	10	3:54	25.9
9 (113)	2:37	13	0:42	36.5	21:33	10	4:11	24.1
10 (91)	0:45	6	0:02	4.7	22:18	9	4:12	23.2
11 (112)	2:17	8	0:42	44.2	24:35	9	3:57	19.1
12 (88)	3:30	22	2:11	165.8	28:05	14	5:58	27.0
13 (96)	6:32	20	3:38	125.3	34:37	15	9:28	37.6
14 (98)	1:47	9	0:20	23.0	36:24	14	9:43	36.4
15 (118)	1:11	6	0:09	14.5	37:35	14	9:47	35.2
16 (101)	2:45	14	0:36	27.9	40:20	14	10:08	33.6
17 (78)	1:03	12	0:13	26.0	41:23	14	10:16	33.0
18 (53)	0:54	21	0:18	50.0	42:17	13	10:27	32.8
19 (126)	1:23	13	0:13	18.6	43:40	13	10:35	32.0
20 (103)	2:26	18	1:36	192.0	46:06	13	11:59	35.1
21 (122)	0:57	16	0:15	35.7	47:03	13	12:04	34.5
22 (100)	0:59	13	0:16	37.2	48:02	13	12:04	33.6
□□	0:27	17	0:06	28.6	48:29	13	12:06	33.3