



Rīgas kausi / Riga Cup 2015

Riga / 18.04.2015

□□□□

Harkina, Karīna

□□: Alūksne/Ape OK

□□□: 1:04:53

□□□□: 17:40 min/km

□□: 3.67 km / 18 □□

□□□□:

Women -16

□□□□□: 15(of 19)

□□□□□□□: 32:21

□□: 32:32

□□□□

□□	□□ □□	□□ -	□□ -	□□ %	□□□ □□	□□ -	□□ -	□□ %
1 (127)	8:58	16	6:21	242.7	8:58	16	6:21	242.7
2 (87)	3:12	5	0:51	36.2	12:10	12	7:08	141.7
3 (108)	10:15	16	8:50	623.5	22:25	15	15:30	224.1
4 (124)	9:44	17	8:17	571.3	32:09	15	23:47	284.3
5 (88)	1:45	17	0:59	128.3	33:54	15	24:46	271.2
6 (84)	2:16	15	1:24	161.5	36:10	15	25:11	229.3
7 (129)	1:21	3	0:05	6.6	37:31	15	25:14	205.4
8 (113)	5:48	7	1:13	26.6	43:19	15	26:04	151.1
9 (92)	1:39	7	0:31	45.6	44:58	15	26:35	144.6
10 (117)	3:44	9	1:24	60.0	48:42	14	27:54	134.1
11 (97)	2:02	16	1:27	248.6	50:44	14	28:43	130.4
12 (99)	2:47	17	1:39	145.6	53:31	15	30:17	130.3
13 (101)	4:22	16	1:35	56.9	57:53	15	31:51	122.3
14 (128)	2:00	15	1:21	207.7	59:53	15	33:09	124.0
15 (53)	1:14	15	0:20	37.0	1:01:07	15	33:29	121.2
16 (120)	1:32	7	0:30	48.4	1:02:39	15	32:06	105.1
17 (104)	1:11	17	0:27	61.4	1:03:50	15	32:29	103.6
18 (100)	0:43	11	0:11	34.4	1:04:33	15	32:35	101.9
□□	0:20	2	0:01	5.3	1:04:53	15	32:32	100.6