



# Rīgas kausi / Riga Cup 2015

Riga / 18.04.2015

□□□□

Parmentier, Pierre

□□: ASUB Orientation Brussels

□□□: 1:04:17

□□□□: 12:52 min/km

□□: 4.99 km / 22 □□

□□□□:

Men 55-

□□□□□: 21(of 23)

□□□□□□: 36:23

□□: 27:54

□□□□

□□	□□ □□	□□ -	□□ -	□□ %	□□□ □□	□□ -	□□ -	□□ %
1 (127)	6:45	20	4:41	226.6	6:45	20	4:41	226.6
2 (106)	1:33	21	0:45	93.8	8:18	20	5:16	173.6
3 (108)	5:49	20	3:37	164.4	14:07	21	8:12	138.6
4 (124)	2:17	14	0:47	52.2	16:24	20	8:42	113.0
5 (110)	2:48	22	1:46	171.0	19:12	22	10:24	118.2
6 (129)	3:09	23	1:46	127.7	22:21	22	11:43	110.2
7 (89)	2:59	22	1:42	132.5	25:20	22	12:56	104.3
8 (125)	4:56	20	2:35	109.9	30:16	22	15:14	101.3
9 (113)	3:05	17	1:10	60.9	33:21	22	15:59	92.0
10 (91)	1:07	21	0:24	55.8	34:28	21	16:22	90.4
11 (112)	2:42	19	1:07	70.5	37:10	21	16:32	80.1
12 (88)	1:53	15	0:34	43.0	39:03	20	16:56	76.6
13 (96)	4:13	16	1:19	45.4	43:16	19	18:07	72.0
14 (98)	6:29	22	5:02	347.1	49:45	21	23:04	86.5
15 (118)	1:30	15	0:28	45.2	51:15	21	23:27	84.4
16 (101)	3:05	20	0:56	43.4	54:20	21	24:08	79.9
17 (78)	1:12	19	0:22	44.0	55:32	21	24:25	78.5
18 (53)	0:50	19	0:14	38.9	56:22	21	24:32	77.1
19 (126)	1:29	16	0:19	27.1	57:51	20	24:46	74.9
20 (103)	4:03	23	3:13	386.0	1:01:54	21	27:47	81.4
21 (122)	0:58	18	0:16	38.1	1:02:52	21	27:53	79.7
22 (100)	1:00	15	0:17	39.5	1:03:52	21	27:54	77.6
□□	0:25	7	0:04	19.1	1:04:17	21	27:54	76.7