



Rīgas kausi / Riga Cup 2015

Riga / 18.04.2015

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Žilko, Andris

□□: Kāpa OK

□□□: 36:42

□□□□: 10:00 min/km

□□: 3.67 km / 18 □□

□□□□:

Men 60-

□□□□□: 4(of 14)

□□□□□□□: 31:57

□□: 4:45

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	□□	-	-	%	□□	-	-	%
1 (127)	4:26	10	2:03	86.0	4:26	10	2:03	86.0
2 (87)	2:44	4	0:24	17.1	7:10	11	2:17	46.8
3 (108)	1:33	6	0:10	12.1	8:43	7	2:13	34.1
4 (124)	1:55	5	0:27	30.7	10:38	7	2:24	29.2
5 (88)	1:10	12	0:22	45.8	11:48	7	2:43	29.9
6 (84)	1:00	3	0:07	13.2	12:48	7	2:50	28.4
7 (129)	1:35	8	0:25	35.7	14:23	6	3:14	29.0
8 (113)	5:54	6	1:57	49.4	20:17	5	4:55	32.0
9 (92)	1:39	10	0:24	32.0	21:56	5	5:06	30.3
10 (117)	2:59	10	0:45	33.6	24:55	6	5:40	29.4
11 (97)	1:00	9	0:29	93.6	25:55	6	6:03	30.5
12 (99)	1:42	12	0:38	59.4	27:37	6	6:41	31.9
13 (101)	3:20	10	0:56	38.9	30:57	6	7:03	29.5
14 (128)	0:54	8	0:15	38.5	31:51	6	6:14	24.3
15 (53)	1:05	11	0:17	35.4	32:56	6	6:24	24.1
16 (120)	1:36	9	0:31	47.7	34:32	4	4:16	14.1
17 (104)	0:53	9	0:16	43.2	35:25	4	4:19	13.9
18 (100)	0:44	11	0:13	41.9	36:09	4	4:32	14.3
□□	0:33	13	0:13	65.0	36:42	4	4:45	14.9