



Rīgas kausi / Riga Cup 2015

Riga / 18.04.2015

□□□□

Lapiņš, Aldis

□□: Azimuts OK- Sm BJSS

□□□: 38:31

□□□□: 10:29 min/km

□□: 3.67 km / 18 □□

□□□□:

Men 60-

□□□□□: 7(of 14)

□□□□□□□: 31:57

□□: 6:34

□□□□

□□	□□ □□	□□ -	□□ -	□□ %	□□□ □□	□□ -	□□ -	□□ %
1 (127)	3:19	7	0:56	39.2	3:19	7	0:56	39.2
2 (87)	2:35	3	0:15	10.7	5:54	5	1:01	20.8
3 (108)	1:31	4	0:08	9.6	7:25	3	0:55	14.1
4 (124)	1:56	6	0:28	31.8	9:21	3	1:07	13.6
5 (88)	1:00	7	0:12	25.0	10:21	3	1:16	13.9
6 (84)	1:11	10	0:18	34.0	11:32	3	1:34	15.7
7 (129)	2:24	11	1:14	105.7	13:56	4	2:47	25.0
8 (113)	9:37	12	5:40	143.5	23:33	10	8:11	53.3
9 (92)	1:15	1	-	-	24:48	8	7:58	47.3
10 (117)	3:18	11	1:04	47.8	28:06	10	8:51	46.0
11 (97)	1:28	11	0:57	183.9	29:34	10	9:42	48.8
12 (99)	1:06	2	0:02	3.1	30:40	10	9:44	46.5
13 (101)	2:50	5	0:26	18.1	33:30	8	9:36	40.2
14 (128)	0:43	3	0:04	10.3	34:13	8	8:36	33.6
15 (53)	0:53	4	0:05	10.4	35:06	8	8:34	32.3
16 (120)	1:22	5	0:17	26.2	36:28	7	6:12	20.5
17 (104)	0:47	5	0:10	27.0	37:15	7	6:09	19.8
18 (100)	0:46	13	0:15	48.4	38:01	7	6:24	20.2
□□	0:30	11	0:10	50.0	38:31	7	6:34	20.6